

# Family Communication Dice Game

There are few things more important than having a close and supportive family, and open communication is the best way we know to make this happen. This dice game is designed to get families interacting with each other in an open and positive fashion. This type of game is most effective when it is played regularly, for example at the end of a Friday night meal. Open communication in a family is something that can be learned with practice, so play the game at least once a week.

## **Assembly Instructions**

- Print out each page on heavier stock paper, from 60 to 80 pounds. Heavier stock paper can be found at most office supply stores.
- Cut out each die as indicated.
- Fold along the lines and assemble using either paste or double-sided tape. Double-sided tape is usually easier and less messy.

There are three different designs. Design A has simpler questions and should be used when children under 12 are playing the game. Either Design A or Design B can be used when there are no young children playing the game. Design C is blank and families can make up their own questions to write on the die. Be creative, but also be positive. Avoid writing questions which could be embarrassing to certain family members or that might lead to conflict.

## **Playing Instructions**

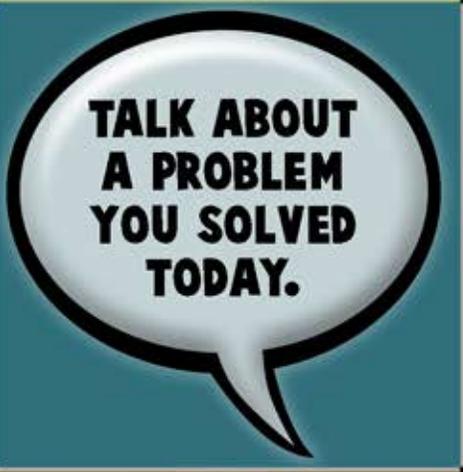
- The youngest player rolls the die and responds to the question that comes up.
- If you have exceptionally talkative members in the family, you may want to limit answers to one or two minutes.
- Other players should not interrupt or comment.
- Play continues clockwise.
- If a player does not want to answer a specific question, he/she should roll again.
- Play should continue until each family member has had at least one turn. Generally 15 to 20 minutes is a good time to play for groups of 2-4.
- Allow five minutes after the game for open conversation.

Family Communication  
Design A

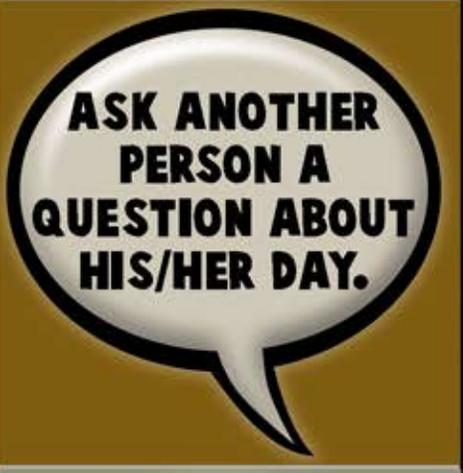


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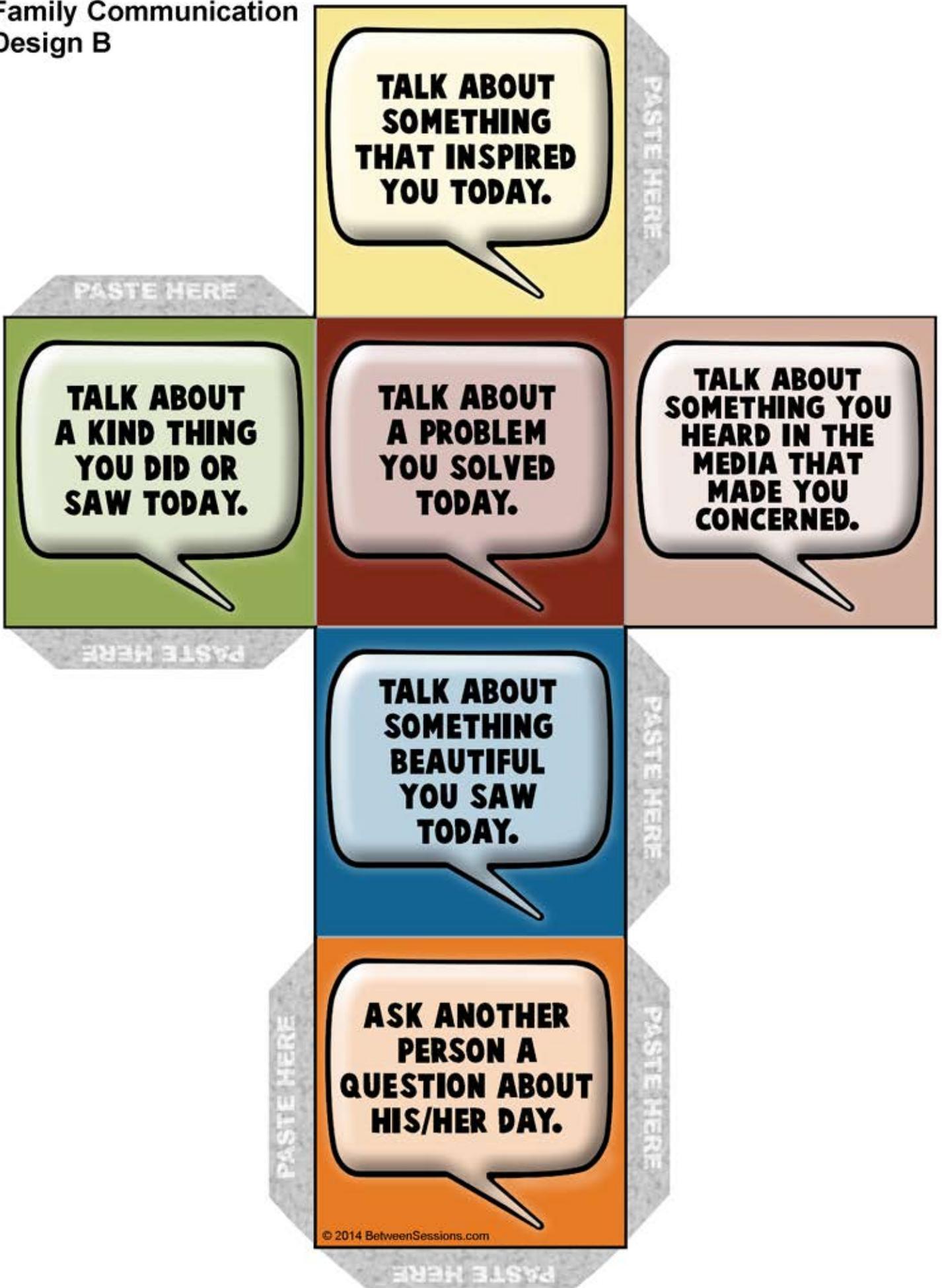
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Family Communication  
Design B



Conversation Starters  
Design C

