



Sabal Palm Elementary School

Patriot Press

September 2019

Administrator: Mrs. Robinson

Assistant Principal: Mrs. Wallace

Tallahassee, Florida

(850) 488-0167

<http://www.sabalpalm.leon.k12.fl.us/>

Message from Administration

Welcome Back to School. We are excited about the upcoming school year and all that we have to accomplish. We are happy to announce that we are a "B" School but we still so much more work to do. Please see the listed dates as to the events for the month of September. We look forward to an exciting school year and happy to have all of our parents help us join in our school vision of One Vision, One Team! It is going to take all of our stakeholders to help us become an "A" school. Please continue to work with your child at home with their reading and math so that we can continue to excel. When you are attending open house, please make sure to visit all the classrooms and sign up for the first parent teacher conference of the school year. Welcome back and GO PATRIOTS! The following teachers are listed to be out of field for ESOL. They are working towards their ESOL endorsement.

Mrs. White, Mr. Hammons, Mrs. Bryant, Ms. Thomas, Mrs. Dandridge. We also have Ms. Rains filling in as out 5th grade ELA teacher while she complete her teaching certification.

September Events

5th: Title I annual Parent Meeting/Open House@ 5:00pm cafeteria

11th: Patriot Day Celebration

11th: Progress Reports Going Home

18th: National Rice Krispies Day

19th: PTO/SAC/Parent Workshop Meeting@ 5:30pm cafeteria

25th: National Dads Take child to School Day 7:45am-8:20am SPES

Courtyard

30th: Fall Holiday No School

Pre-K

We have had an exciting start to our year. We are learning about our school and new friends. Our first unit of study is "I'm Special". We are drawing self-portraits, reading books, and singing songs. During the month of September, we will be learning about "Our Families" and "Getting Along with Others". We enjoyed meeting our parents during Orientation and on the first day. Please remember to look at your child's folder and sign each night so you can keep up on our daily activities. We hope to see you at our Open House on September 5. We look forward to showing off our work! Our school receives a Fruit and Vegetable snack 3 days a week. We would like you to send in snacks for us to use on the other 2 days. A box of crackers, cookies, cereal, gold fish, etc. are great to share. You do not need to send individual snacks in a big box or bag will be fine. Thanks in advance!

Kindergarten

Kindergarten is off to a great start. The children are settling in and beginning to learn our routines.

We will be working on letters and letter names as well as numbers 0-10. For some this will be a review but either way, please take time each week to work with your child and read together.

We will also spend time learning about the fall; fall leaves, apples, and hibernation. We try to do different kinds of artwork to go along with this so be on the lookout for special projects coming home.

Try to give your child some responsibilities at home; small jobs for them to do. This will help us here in the classroom so that they learn to do their part in keeping our room neat and clean. We are looking forward to a great year!



1st Grade

We are off to a great start in first grade! Open House & PTO is next Thursday, September 5, starting at 5pm. Please join us, and your first grade student will earn 50 Decision dollars! We hope to see you!

2nd Grade

Second Grade is off to a great start! Thanks to all the parents that completed all the forms and sent in school supplies. We have already tested on our first chapter in reading and math. Our next reading unit will focus around our essential question: How are families around the world the same and different? Students should be able to come home and discussed what he/she learned each day. Please make sure your child is following the weekly homework schedule and is reading aloud for 15 minutes every night. In Math, we will begin chapter 2 focusing on numbers to 1,000, place value, and skip counting and problem solving. It is very important that your child be in school each day. Please do not forget to call the school or send a note regarding your child's absences. We are looking forward to a wonderful year. Thanks for your continued support!

3rd Grade

Go Team! Third grade is off to a great start and looking forward to a great 2019-20 school year. Parents be on the lookout for important information notes and schedules from your child's teacher. Getting back in the groove is hard at first so remember that third grade students have homework and it is 10% of student's grade. Homework also gives extra help on areas that may need a little more work. Parents if you have not done so make sure to sign up for the "Remind" app to keep in contact with your child's teacher in a secure setting, ask your child's teacher for information to sign up. Keep up the great work third grade!



4th Grade

We are off to a "Great" start in Fourth grade! We are currently finishing beginning of the year assessment, to establish a baseline with each of our students. This will give us an opportunity to know where our students are and where we need to take them in their learning. In addition, we are still reviewing rules and procedures. Please encourage your child to read for 35 minutes and complete their reading log with parent's initials. Students need to complete their homework and return the following day. Homework maybe a small part of your child's grade, but has a huge impact on their learning. In Reading, we are working on the skills of sequencing, synonyms, and prediction. Math, we are working on place values, adding and subtracting skills. Have your child to study their multiplication facts daily. In Science, we are working The Practice of Science; which include the Scientific Method, safety procedures, etc. In Social Studies, we are currently learning about the 50 states of the United States of America. We looking forward to working with you as we move your child to the next level in their academic journey!

5th Grade

Welcome to the 5th grade! We are elated to have the opportunity to



educate your child for the 2019-2020 school year. Please read the parent letter and fill out the student information sheet that was sent home with your child. Also, be sure to sign up for Remind and periodically check parent portal for academic updates. Important field trip and activity information is forthcoming. Thanks for supporting us as we strive to do our best to provide the best education for your child! Fifth Grade Team

Tips for Parents:

Sleep in School-Aged Children What to expect

School-aged children need between 10 and 11 hours of sleep per night. Not getting enough sleep is common in this age group, given increasing school obligations (e.g. homework), evening activities, and later bedtimes. Sleep problems are also common in school-aged children, including sleepwalking, sleep terrors, teeth grinding, nighttime fears, snoring, and noisy breathing. Signs of sleep deprivation in school-aged children can include:

- **Mood.** Sleep deprivation may cause your school-aged child to be moody, irritable, and cranky. In addition, he may have a difficult time regulating his mood, such as by getting frustrated or upset more easily.
- **Behavior.** School-aged children who do not get enough sleep are more likely to have behavior problems, such as noncompliance and hyperactivity.
- **Cognitive ability.** Inadequate sleep may result in problems with attention, memory, decision making, reaction time, and creativity, all which are important in school.

The Leon County School District does not discriminate against any person on the basis of race, color, national origin, sex (including transgender, gender nonconforming status, sexual orientation and diverse gender identities) marital status, age, ethnicity, religion, military status, pregnancy, disability or genetic information."

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