

Exploring Body Move Combinations

			Catches					
			1	2	3	4	5	6
			Arm	Leg	Back	Shoulder	Overhead	Neck
Throws	1	Arm	Arm	Arm	Arm	Arm	Arm	Arm
			Arm	Leg	Back	Shoulder	Overhead	Neck
	2	Leg	Leg	Leg	Leg	Leg	Leg	Leg
			Arm	Leg	Back	Shoulder	Overhead	Neck
	3	Back	Back	Back	Back	Back	Back	Back
			Arm	Leg	Back	Shoulder	Overhead	Neck
	4	Shoulder	Shoulder	Shoulder	Shoulder	Shoulder	Shoulder	Shoulder
			Arm	Leg	Back	Shoulder	Overhead	Neck
	5	Overhead	Overhead	Overhead	Overhead	Overhead	Overhead	Overhead
			Arm	Leg	Back	Shoulder	Overhead	Neck
	6	Neck	Neck	Neck	Neck	Neck	Neck	Neck
			Arm	Leg	Back	Shoulder	Overhead	Neck