

JV Only _____

Varsity Only _____

Either JV or Varsity _____



Cheerleader Candidate and Parent:

The purpose of this letter is to provide the cheerleader candidates and their families with all information required to try-out for the 2023-2024 JV and Varsity Cheerleading teams.

Enclosed in the packet are:

- ❖ Try out document's checklist
- ❖ Program information
- ❖ Cheerleader applicant form
- ❖ Parent/Cheerleader Agreement
- ❖ Expectations for parents
- ❖ Cheerleader Behavioral Contract
- ❖ Competitive Cheer Declaration
- ❖ Athletic Clearance Information

These forms must be returned or mailed to the school by May 5, 2023 including a recent photo (head shot). If a candidate does not have these documents on May 16 then he/she will not be allowed to try-out.

Try-out Clinics/Try-outs will take place on Tuesday, May 16, Wednesday, May 17, and Thursday, May 18 in the Godby Gym. It is each candidate's responsibility to provide transportation to and from try-outs. During the scheduled clinic time the following material will be covered: cheer, dance, sideline, jumps, and stunts.

May 16th:

- 4:00pm Participant check in
- 4:30pm Clinic, instruction provided
- 5:30pm Review of material
- 6:00pm End of clinic, open gym time provided with supervision/stunting
- 6:30pm Gym closes; parents must pick up at this time

May 17th:

- 4:00pm Participant check in
- 4:30pm Clinic, instruction provided
- 5:30pm Review of material
- 6:00pm End of clinic, open gym time provided with supervision/stunting
- 6:30pm Gym closes; parents must pick up at this time

May 18th:

- 4:00pm Open Gym, supervision provided
- 4:30pm (Closed) Try Out
- 7:00pm End of Try Out

The cheerleader candidate must dress in the following:

- May 16th & 17th:** Blue and White
- Hair all the way up w/bow (blue/white/or black)
- No jewelry, no exceptions

- Try out Day- May 18th:** Plain Black short
- Black Tee shirt
- Black sports bra
- Hair all the way up w/bow (royal blue)

We look forward to a successful try-out and an exciting new year. See you on the 16th!

PLEASE KEEP THIS PAGE!!!!

ESTIMATED 2023-2024 DATES

Event	Date	Time	Location
			Godby Media Center
Packets Due	May 5 th	5:00 pm	Email
Optional Clinic	April 5 th	4:30 pm – 6:30 pm	Godby Track
Optional Clinic	April 12 th	4:30 pm – 6:30 pm	Godby Track
Optional Clinic	April 19 th	4:30 pm – 6:30 pm	Godby Track
Optional Clinic	April 26 th	4:30 pm – 6:30 pm	Godby Track
Tryouts	May 16 th	4:30 pm – 6:30 pm	Godby Gym
Tryouts	May 17 th	4:30 pm – 6:30 pm	Godby Gym
Tryouts	May 18 th	4:30 pm – 7:00 pm	Godby Gym
Teams Announced	May 19 th	1:00 pm – 4:00 pm	Various Schools
Fittings	May 22 nd	2:00 – 4:00 pm / 6:00pm	Godby Gym
New Team Dinner	May 22 nd	6:30 pm – 7:30 pm	Godby Cafeteria
Spring Practice	May 23 rd	4:30 pm – 6:30 pm	Godby Track/Gym
Spring Practice	May 24 ^h	4:30 pm – 6:30 pm	Godby Track/Gym
Spring Practice	May 25 th	4:30 pm – 6:30 pm	Godby Track/Gym
Spring Practice	May 29 th	4:30 pm – 6:30 pm	Godby Track/Gym
Spring Practice	May 30 th	4:30 pm – 6:30 pm	Godby Track/Gym
Spring Practice	May 31 st	4:30 pm – 6:30 pm	Godby Track/Gym
Spring Practice	Jun 1 st	4:30 pm – 6:30 pm	Godby Track/Gym
Work Week	July 31-Aug 3 rd	TBD	Godby Track

Parent Meeting- This is mandatory for parents/ guardians of athletes interested in tryout out. We will give out all necessary paperwork and go over the details of the program and upcoming season.

Optional Clinic- These optional skills clinics are open to all athletes interested in trying out. Athletes must have a tryout packet completed and submitted. Participation in optional clinics is NOT required to tryout. Similarly, participation in optional clinics does NOT constitute a commitment to tryout out this year.

Tryouts- All three days of tryouts are **MANDATORY**. We will announce teams on Friday.

Fittings- These will be staggered after school (8th graders will be scheduled after middle schools get out). Athletes will receive uniforms and be fitted for spirit pak, warm-ups, etc.

Work Week- These are our practices before return to school. These are once or twice a day and they are mandatory. Times will be released before school lets out.

Summer- We do not require athletes to practice every week during the summer. Alternatively, we will send a list football chants for the girls to learn prior to our return. There is NO Godby cheer set commitments from Jun 2nd until July 24th.

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GODBY CHEER

2023-2024 Season Program Information

Staff

Sabrina Tyson – Head Coach
Rhonda Smith – Assistant Coach

Selection of Teams

Try-Outs will take place May 16th, 17th, & 18th in groups of 3 (Please see our “Try-Out Procedures” for more details). Athletes will be judged on jumps, chants, cheer, and dance. Stunting will not be part of the judge’s sheet, but will be worked on during clinic days. Stunting experience and positions will be considered for placement. We will also be considering grade level in team placements.

Fall Season

Tentative

Varsity: Football games on Friday, Practices Monday, Tuesday & Wednesday 3:00pm - 6:00pm.
Football may include 6 travel games.

JV- Football games (usually on Thursdays), Practices Monday, Tuesday & Wednesdays 3:00pm-6:00pm.

Winter Season

Basketball Cheerleaders- Practices Monday, Tuesday & Wednesdays 3:00pm-6:00pm, games throughout the week – divided in multiple teams to cheer games. May include 1-2 travel games.

Competitive Cheer (traditional) - Practices Tuesday, Wednesday, and Thursday. Competitions on various weekends November-early February.

Expectations

Social Media- PLEASE refrain from posting anything on any social media platform wearing Godby cheer apparel or actively representing Godby High School that involves illegal activity, profanity, nudity, or anything in bad taste. I take this VERY seriously and have removed multiple athletes from the program in past years for infractions regarding social media.

Classroom Behavior/Attendance- I have zero tolerance for disrespect towards teachers, administrators, and other students. Additionally, I expect our athletes to be positive examples in and out of the classroom, and to attend class regularly. Our cheerleaders are ambassadors for the school and community.

Budget

I am still working on creating our budget for the 2023-2024 season. This season’s cost is estimated at \$600 because of not attending camp **There are additional expenses for the Godby Competition Season. More information will be given later. Fees for competitive season are usually around \$50-\$100.**

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Godby High School Sideline Cheerleading Estimated Family Expenses 2023-2024

Our budget for the 2023-2024 sideline season is expected to be \$600 or less because of not attending camp. The fee includes, practice wear (4 shirts, 4 shorts), shoes, warm-up, socks, sweat shirt, bag, and boy-cut brief. These items will be purchased through Varsity Spirit Fashion online store. There has been an expressed interest in attending camp which would be an additional \$390 per athlete.

\$572 per Athlete * DOES NOT INCLUDE TAX OR SHIPPING*

Godby High School

This illustration is intended as a representative image. Actual color, size, placement, etc. will vary.

VARSITY spirit fashion

The image displays a collection of cheerleading gear. At the top, a dark blue banner contains the text "\$572 per Athlete" and "* DOES NOT INCLUDE TAX OR SHIPPING*". Below this, various items are arranged: a black long-sleeved sweatshirt with "GHS CHEERLEADER" in white and blue; a white sock with a pink logo; a blue backpack with "GHS CHEERLEADER" in white; a blue long-sleeved warm-up top and matching pants; a pair of white sneakers; a pair of blue patterned shorts; a white tank top with "GHS CHEERLEADER" in blue and black; a pink tank top with "GHS" in white; a blue t-shirt with "GODBY" in white; a grey t-shirt with "GODBY COUGARS CHEER" in blue and black; a pair of black shorts; a pair of pink shorts; a pair of white shorts; and a pair of blue shorts. A vertical blue bar on the left side of the gear display contains the text "Godby High School". At the bottom right, there is a small logo for "VARSITY spirit fashion" and a disclaimer: "This illustration is intended as a representative image. Actual color, size, placement, etc. will vary."

FUNDRAISING

In addition to our athlete fees, we have a certain amount we need to fundraise as a program each year. As a cheer family, we hope to raise the money for our basic needs through fundraisers such as Snap Raise, Spirit Calendar, Krispy Kreme, etc. **These funds go to the needs of the program and NOT directly to the athlete.**

*** There are additional expenses for the Godby Competition Season. More information will be given at a later date. Fees for competitive season are usually around \$50-\$100.**

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2023-2024 Amos P. Godby
Athletic Clearance Procedures

All athletic paperwork will be electronic. Please follow the directions below for how to register your student to be eligible to participate in athletics.

Last school years forms are no longer valid, all forms for this school year must be done electronically.

1. Visit **www.athleticclearance.com** and choose Florida.
2. Watch the quick tutorial video.
3. PARENTS: First time users select '**register**'. Register with your name, a valid email username and password. You will be asked to type in a code to verify you are human, your account will *not* activate unless you do this.
4. Login using your email address that you registered with.
5. Select '**Start Clearance Here!**' to start the process.
6. Choose the school year '**2023-2024**' School '**Godby (Section 1)**' and Sport ' _____ '
- (Select only the sport you wish to participate in for right now)
7. Complete all required fields for Student Information. When selecting Educational History, you may be prompted to the GA4 form for any **transfer students**, this form must be printed and notarized and turned into the Athletic Director, Ms. Gunter.
8. During the Medical History portion, there is an option to upload a completed physical or download the physical form to be printed. This is not necessary to complete the online eligibility process but a current physical, signed by a physician, must be on file. Please turn in completed physicals to Coach Tyson.
9. Complete all required fields for Medical History, and Signature Forms pages.
10. Next, you will have the *option* to donate to Godby Athletics.
11. Once you have reached the Confirmation Message you have completed the online process.
12. If you would like to register for additional sports you may check off those sports below the Confirmation Message. Electronic signatures will be applied to the additional sports.
13. All of this data will be electronically filed with your school's athletic department for review. When the student has been cleared for participation, an email notification will be sent.

In addition to the online eligibility clearance, student athletes must have a minimum 2.0 state cumulative GPA as well as a current physical on file in order to be eligible for participation.

Physicals must be turned in directly to Coach Tyson.

Email tysons@leonschools.net with questions or concerns

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Godby Cheerleading Try Out Documents Checklist

All of the following documents must be emailed to tysons@leonschools.net no later than **Friday, May 5th at 5:00 pm.**

- Cheerleader Applicant Form with attached headshot picture**
 - Parent/Cheerleader Agreement Form**
 - Current EL2 Physical Form conducted within the last year.**
 - [You may turn in this packet before the physical is completed.](#)
 - Signed Parent Expectation Sheet**
 - Cheer Behavior Contract**

 - Copy of most recent report card. (3rd nine weeks) Report cards must show cumulative average.**
 - Competitive Cheer Declaration**
-

Online Registration- Must be completed via the athletic clearance website by **Friday, August 11th @ 11:59pm** Go to www.athleticclearance.com . Instructions are on the following page.

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GODBY HIGH SCHOOL CHEER APPLICATION

Cheerleader's Name _____ Cheerleader's Cell # () _____

Date of Birth ____/____/____ Upcoming Grade Level _____

Height _____ T-Shirt Size _____

Address _____

City State Zip _____

Mother's Name _____ Cell # () _____

Father's Name _____ Cell # () _____

Cheerleader's Email _____

Parent's Email _____

Previous Cheer/Dance/Gymnastic Teams: _____

Please
Attach
Current
Photo
Here

Current School: _____

Why do you want to be a Godby Cheerleader?

Have you ever been dismissed or quit an athletic team? ____ If yes, please explain why on a separate sheet of paper and attach.

I am qualified to try out for the GHS Cheer program for 2023-2024 season and I accept the decision for placement or non-placement in the GHS Cheer program. I understand that ALL GHS Cheer practices, games, rallies, competitions and performances must take precedence of any and all other activities. I have read and understand the requirements to try out and maintain eligibility on the squad, the expectations, discipline system, and financial, civic, and time commitments included in this packet.

Athlete's Signature: _____ Date: _____

Parent's Signature: _____ Date: _____

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Godby High School Cheerleader/Parent Agreement

I, _____, understand that as a Cheerleader at Godby High School I am a “**spirit leader**” and an **ambassador** to my school. As such, I will represent the ideals of our school throughout the community, to all students, and to the public. I accept all the responsibilities and restrictions, as well as the privileges, which accompany this role.

I understand that I must **maintain** at least a **2.5 un-weighted GPA each grading period** and I may not make any “1’s” in conduct scores in any grading period and no more than one “2” in conduct scores in any grading period.

I understand that Godby Cheerleading will be my **PRIMARY** sport and takes priority over any **WORK** schedule and any absence from a cheerleading event due to work will **not** be excused.

As a Godby Cheerleader, I understand that I am expected to:

- Conduct myself as an official leader of Godby High School
- Display good sportsmanship and a positive attitude at all times
- Maintain exemplary conduct in class and set a positive example for all Godby students
- Respect each cheerleader, coach, and sponsor
- Follow all cheer guidelines as developed by the coaches and squad
- Be prompt for all activities
- Meet all financial deadlines
- Attend and participate in mandatory service projects and fundraisers
- Notify the coach **prior** to any absence from cheer activities
- Follow all Rules of the Law, Godby High School and Leon County School Board rules and policies

I understand that failure to meet these expectations will result in punishment. I understand that Godby cheerleading adheres to a 3-strike system in which I will receive 1- strike for each major infraction which includes, but is not limited to: missing scheduled events, insubordination to coaches, being more than 30 minutes late to a scheduled event. For minor infractions, I will receive 3 warnings strikes before receiving a major strike. These minor infractions include, but are not limited to being late less than 15 minutes to a scheduled event, not turning in paperwork on time (each day), not being dressed in proper uniform.

Note: The school reserves the right to remove a cheerleader from the squad at any time.

Athlete’s Signature: _____ Date: _____

Parent’s Signature: _____ Date: _____



Expectations for Parents

The mission of the Godby High School cheerleading program exists to provide a team of student athletes the avenue to be the “spirit leaders” for the entire school community. To enhance the ideals of good sportsmanship, honesty, loyalty, courage and respect for authority, so that they will be well-adjusted, healthy and trustworthy citizens. Cheerleading is a very public form of education. I also understand that I am a very important part of that educational process, therefore; I understand that I am a role model for both my child and the rest of the team.

- I will support the value of these activities by offering encouragement and support to athletes, officials, and coaches.
- I will be an active spectator and support our activities by modeling good sportsmanship at all times.
- I will respect the officials and their authority during the game/competitions.
- I will never question, discuss, or confront coaches at practices, games, performances or competition. Instead, I will set up a time and place to discuss concerns.
- I will understand that commitment to a team means my athlete being at practices & games.
- I understand that if my student does not come to practice, she/he will **not participate in games/competitions/performances**.
- I understand that students missing practice for outside activities without notifying the coach and getting prior approval could risk being removed from the team.
- If there is a problem with getting to practice or games, I will contact the coach ahead of time so they can plan accordingly.
- I will teach my athlete time management in order for her/him to meet the commitments of both academics and the cheer program.
- I will teach my cheerleader to play by the rules and to resolve conflict without resorting to hostility or violence.
- I will insist that my cheerleader treat other players, coaches, officials and spectators with respect.
- I will teach my athlete that doing one’s best is more important than winning, so that he/she will never feel defeated by the outcome of the game/performance.
- I will adhere to financial obligations on time.
- I understand and will follow the lines of communication.
- I will accept the goals, roles and achievements of my cheerleader.

I have read, understand, and will abide by these expectations:

Parent Signature _____ Date _____

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Godby High School Cheerleader Contract

Date: _____

Sport: Cheerleading

Between: _____ and Godby High School

Purpose:

Participation in cheerleading is a privilege, not a right. Dedication, desire, discipline, and good citizenship are essential personal characteristics, which are necessary for a cheerleader to successfully participate on the team. The goal of the cheerleading coach is to nurture these traits. In so doing, each cheerleader should develop a sense of pride in herself, the school, and community. In order to help the cheerleader to achieve these goals, the following "Cheerleading Policy" must be understood and agreed to between the school, student athlete, and the parents.

Suspension from school

We expect our cheerleaders to be role models for the student body. Hence, if this behavior is exhibited again and/or you are suspended **you will** be dismissed from the team and remain ineligible for next year.

Behavioral Issues School/Coach

The coach's/school administration reserves the right to dismiss a cheerleader on the **first** infraction and/or behavioral issue.

It is with a sense of pride in my school and an understanding that it is a privilege to participate in the cheerleading program of my school. I am prepared to enter into this agreement with the school/coaches in order to participate. In doing so, I understand that I must meet the requirement set forth in this agreement.

Student Athlete Signature _____

Parent Signature _____

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Competitive Cheer Declaration

Godby JV and Varsity sideline cheer is NOT a sport under FHSAA. However, we have a very strong competitive team that competes at FHSAA, giving us our sport designation. All athletes on both JV and Varsity - who are not cheering competitive cheer, will be cheering for basketball. Competitive cheer is very demanding with high expectations. Please designate below whether you would like to be CONSIDERED for placement on the competitive team.

Traditional Team- (12-20 athletes) This team performs our traditional routine, and is comprised of highly skilled stunts. Selection to this team will take place at the beginning of the year. This team will practice 3 days a week (Monday, Wednesday, and Thursday) and will be expected to attend 2-3 local competitions, FHSAA Regionals (1-day out of town event), and FHSAA States (1-day out of town event).

! Gameday Team- (16-26 athletes) This team performs our gameday routine, and is comprised of athletes able to demonstrate strong motion technique, clean stunting, and high levels of showmanship. Selection to this team will take place throughout football season and will be composed of both JV and Varsity Athletes. This team will practice 2 days a week (Monday and Wednesday) and will be expected to attend 2-3 local competitions. Athletes on gameday who are not on the traditional team *may* be asked to cheer some basketball games.

! this competition squad is still being decided

*****athletes on both teams will not have additional practice Monday/Wednesday. Times will be worked so that they are able to work with both routines during normal practice time.

I would like to be considered for competitive cheer.

I would not like to be considered for competitive cheer.

Athlete Signature

Date

Parent/Guardian Signature

Date