

Deerlake Chorus Suggested Practice Strategies

Warm Up

Physical Warm Up - Stretching, Arm stretches, Reaches, Climb the Ladder, Over-Shake-Up

Sustained Note Exercise – Vowel Formation Sing gently, ee, ay, ah, oh, oo, get water if necessary, tongue twister on a single note

Up and Down the scale - 5's on vowels, up a half step and repeat, Work toward all vowels in a single breath

Intervals - Skip notes 2nd, 3rd, 4th, 5th, etc., Arpeggios – Do Mi Sol Do Sol Mi Do without breaking stream of air, Repeat for each key within your range, Arpeggios with dynamics – soft, crescendo, loud, decrescendo, soft

Practice

Breath Control: inhaling/exhaling exercises, ribcage lifted, control air flow

Intonation: use sol fege, use a drone note, test with a keyboard or tuner, add a note, identify intervals, simplify the rhythm, record your singing

Rhythms: count and clap, use a metronome www.metronomeonline.com, sing rhythm on one pitch, say Froseth rhythms, chunk it, isolate the problem

Tone Quality: resonance (space), forward placement, vowel formation (sing in front of a mirror), register transitions

Diction: vowel formation (sing in front of a mirror), consonant articulation, rhythmic consonant placement, pronunciation/syllabic stress

Tempo: use a metronome www.metronomeonline.com

Dynamics: forte, piano, crescendo, decrescendo, forward motion, legato, staccato, accents

Phrasing: make “musical sentences” (You may mark these in your music.), record your singing

Expression/Musicality: sing with sensitivity; put all of these elements together to express an idea