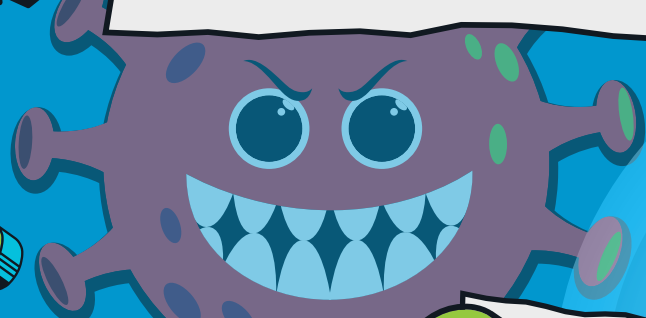


# Why Be a COVID HEALTH HERO

Heroes look out for the people around them and do whatever they can to protect them. Maybe you're not afraid of getting sick yourself, but you sure don't want to make someone else sick. The person next to you might have a health problem that makes them more likely to get sick if they get too close to COVID germs. Or they may live with a grandma who's at special risk. Be a hero by using your superpowers to help keep you and others safe.

## How to Be a COVID HEALTH HERO



**1** Feeling sick? Been around someone sick? Stay home.

**2** Maintain a 6-foot force field.



**3** Wear - and clean - your hero gear.

**4** Wash your hands - well and often!

**5** Don't touch your face.



**6** sneeze or cough into your elbow.