**NEW! Updated Resource list for parents and students during Co-vid 19**

**School Counseling and Guidance Resources**

**National Suicide Prevention Lifeline-** 1-800-273-8225 suicdepreventionlifeline.org



<https://www.mbfpreventioneducation.org/kids/> - **bully prevention and resources for help**

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| <https://capitalregionalmedicalcenter.com> – **Adolescent outpatient therapy**  [**https://www.schoolcounselor.org/school-counselors/professional-development/learn-more/coronavirus-resources**](https://www.schoolcounselor.org/school-counselors/professional-development/learn-more/coronavirus-resources) **-** **American School Counselor Association (ASCA)- (info. On SAT/ACT, College Admissions, and more)**  [**https://www.leonschools.net/studentservices**](https://www.leonschools.net/studentservices) **- More school counseling resources in Leon County Schools** |
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