What was your reaction?

|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| 1  Ignore It | 2  Deep Breathe | 3  Stop-Think-Act | 4  Friend Help | 5  Adult Help | 6  Whining-Complaining | 7  Ignoring | 8  Crying | 9  Screaming | 10  Hitting-Kicking |

**DO THEY MATCH?**

**NO!**

**YES!**

How big was your problem?

|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| 1  Tiny Deal | 2 | 3  Small Deal | 4 | **5**  **Medium Deal** | **6** | 7  Big Deal | 8 | 9 | 10  Huge Deal |