**Ways to complete volunteer service hours during stay at home orders due to Covid-19**

With the shutdown of many organizations and businesses in our community, a lot of students are wondering how they can earn volunteer hours. This is a good question so I have come up with some suggestions to help you out. Remember to contact the agency via phone/email first to make sure they can accept your donation/service and also if there are specific instructions to follow.

* Make masks and donate them to people who need them (friends, family, etc.)
* Write thank you cards to medical personnel and first responders
* Tutoring- with the new online platforms, some students need some help.
	+ You can tutor via phone or on teleconferencing site such as Teams or Zoom.
* Shop for an elderly neighbor and deliver groceries to their door step.
* Food banks are in need of food donations and help. Contact the Second Harvest of the Big Bend- <https://fightinghunger.org/>
* Use social media (Instagram, Facebook, etc.) to post what you are doing for others and promote volunteerism or share your ideas with others.
* The Red Cross has a digital advocate program where you can volunteer digitally- go to- [www.redcrosschat.org](http://www.redcrosschat.org) for more information.
* Visit our local volunteer website for more ideas- [www.volunteer.leon.org](http://www.volunteer.leon.org)

**We can do this! #strongertogether ☺**

**---Guidance Department**