Human Growth and Development and Sex Ed Unit Reviews

Please know the following items for the unit quizzes. The 5 unit quizzes will make up your Final Exam grade and will be taken during the final exam time

Lesson 1-

* List the 3 steps to decision making
* List the 3 steps to setting a goal

Lesson 2-

* Qualities of a good friend
* Describe a crush, infatuation, and love

Lesson 3-

* Know that sexual abuse can happen to anyone, and is when one person uses another person
* Know that it is your body and you always have the right to say no.
* Know that if something feels wrong it probably is wrong.
* Know that it is never your fault if you are being abused.
* List emotional needs that people have.

Lesson 4-

* List some emotional effects of becoming sexually active as a teenager
* List consequences of teen pregnancy
* Know what an STD is
* Know the 3 of the most common STDs

Lesson 5-

* Know that consuming drugs and alcohol in excess is poisonous to human body systems
* Know that drinking large amounts of alcohol at once can lead to death
* Know 3 steps to saying no
* Be able to create “line breakers”
* Know how to show assertiveness

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