Adelphi offers new gap year program.

Date: July 9, 2020
From: Long Island Business News
Publisher: BridgeTower Media Holding Company, LLC
Document Type: Brief article
Length: 323 words
Lexile Measure: 1390L

Full Text:
Byline: Adina Genn

Adelphi University is offering a new gap year experience, providing a remote option for students to stay connected to higher education.

It's 11-week program that enables to students to build skills and earn college credit. The program runs from Sept. 7 through Nov. 20, and again from Feb. 1 through April 16.

Gap years are a popular concept with students, allowing them to flourish while traveling, interning or volunteering. But those options are largely restricted now because of the COVID-19 pandemic.

Adelphi developed a program that "is designed for students to learn problem-solving skills through a project-based approach," Graziela Fusaro, director of Adelphi's Center for Innovation, said in a statement.

"Students will be divided into multidisciplinary teams and develop a consulting project for a selected partner company - four to eight per group," Fusaro added.

With this program, students will have an average weekly commitment of 10 to 15 hours a week. By participating in a combination of a guest speaker series, lectures, company meetings, and team exercises, students will learn problem-solving frameworks and professional skills.

Projects will cover a wide range of subjects in business strategy, marketing, social work, health and other areas according to student interest and partner company engagement. Students will be able to choose to work with either a domestic or an international partner including Fortune 500 companies, nonprofits and start-ups.

Skills acquired from or enhanced by the experience include learning by doing, team-building with students from different backgrounds and interests, gaining digital experience, and trying out a planned college major by trying projects in different areas and exploring possible career paths.

Participants can either earn three college credits or a certification. The program is open to those planning on continuing their education at Adelphi or students from other colleges and universities - both domestic or international - as well as those undecided about their higher education plans.

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Source Citation (MLA 8th Edition)
"Adelphi offers new gap year program." *Long Island Business News*, 9 July 2020, p. NA. *Gale General OneFile*,
    https://link.gale.com/apps/doc/A629455715/GPS?u=lincclin_tcc&sid=GPS&xid=8d17e92a. Accessed 7 Oct. 2020.
Gale Document Number: GALE|A629455715