

JAMES S. RICKARDS HIGH SCHOOL

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Tallahassee, Florida 32301
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Dr. Deborah Barnes, AP – Curriculum
Mr. Chris Cowart, AP– Facilities/Attendance
Mr. Sam Striplin, AP–Student Affairs
Mr. Roosevelt Sea, Dean of Students
Mr. Earl Hankerson, Athletic Director

Dr. Joe Williams, IB Coordinator
Mrs. Melissa Cooper, AP Coordinator
Mrs. Victoria Williams, IB Dean
Ms. Terraca Jones, Guidance Dept. Chair
Ms. Chariya Davis, Assistant Athletic Director

Mr. Douglas Cook, Principal

2025 Rickards Cross Country Schedule

Date	Meet	Place	Time
08/23/25	Dueling Summit	Elinor Klapp-Phipps Park	7:00 AM
09/13/25	HOKA Knights of Thunder	Apalachee Regional	6:00 PM
09/20/25	Panther Invite	JPII	7:00 AM
10/3/25	Gulf Coast State	Panama City	7:00 AM
10/11/25	Cecil Field Invitational	Jacksonville	7:00 AM
10/24/25	FSU Invitational	Apalachee Regional	7:00 AM
11/4/25	District Meet	Twin Oaks (Niceville)	9:30 AM (CST)
11/13/25	Regional Meet	TBD	TBD
11/22/25	State Meet	Apalachee Regional	TBD

HEAD COACH: JORDAN NANCE

Assistant Coach: Gabriel Miles

“The Leon County School District does not discriminate against any person on the basis of sex (including transgender status, gender nonconforming, and gender identity), marital status, sexual orientation, race, religion, ethnicity, national origin, age, color, pregnancy, disability, or genetic information.”