

HEALTH REFORM UPDATE

Patient Protection and Affordable Care Act

How will this affect you and your Flexible Spending Account (FSA)?

This legislation will NOT affect expenses related to doctor's office co-pays, dental co-pays, orthodontia, vision exams, eye glasses, and more. It may affect some Over The Counter (OTC) items that were authorized in the past.

EFFECTIVE January 1, 2011, certain OTC drugs will only be FSA eligible with a doctor's prescription.

Available OTC items WITHOUT a doctor's prescription (submit with claim form):

Band Aids	Diagnostic Tests & Monitors
Birth Control	Elastic Bandages & Wraps
Blood Pressure Kits	First Aid Supplies
Braces & Supports	Hearing Aid Batteries
Canes & Walkers	Insulin
Catheters	Nebulizers
Contact Lens	Orthopedic Aids
Contact Solution	Ostomy Products
Denture Adhesives	Reading Glasses
Diabetic Testing Supplies	Wheelchairs & Accessories

Available OTC items that WILL require a doctor's prescription (submit with claim form):

Acid controllers (Prilosec, etc.)	Cough Medicine
Allergy & Sinus	Digestive Aids
Antibiotic Products	Feminine Anti-Itch
Anti-Diarrheals	Hemorrhoidal Preps
Anti-Gas	Laxatives
Anti-Itch & Insect Bite	Motion Sickness
Anti-parasitic Treatments	Pain Relief (Tylenol, Advil, Aspirin, etc.)
Baby Rash Ointments/Creams	Respiratory Treatments
Cold Sore Remedies	Sleep Aids & Sedatives
Cold & Flu Medicine (NyQuil, etc.)	Stomach Remedies

Things to remember:

- Always save your receipts
- Participants must submit manual claims in order to be reimbursed for an OTC item that will require a doctor's prescription beginning **January 1, 2011**.
- Certain locations that accepted the Flex Card may no longer accept it. Therefore, Participants must submit a claim for manual reimbursement.
- If you have specific questions, please call Murfee Meadows at 205-871-9515 or 800-600-0947 or contact Wendy Gann at wendygann@murfeemeadows.com.