

<p>Course: Juggling – 15013000/15013100 HOPE PE 1506320G</p>	
<p>Credit for Graduation: 1.0 Credit – HOPE elective credit / Physical Education Credit</p>	
<p>Pre-requisite: Desire to explore and develop the skill set needed for juggling.</p>	
<p>Description: The purpose of this course is to provide students with the knowledge, skills, and values they need to become healthy and physically active for a lifetime. This course addresses both the health and skill-related components of physical fitness which are critical for students' success. The SAIL juggling program exists to promote self-expression and to encourage creativity. Students will have the opportunity to form new friendships and develop skills that will last a lifetime. In addition to conventional ball, club and ring juggling, students will be exposed to a plethora of props likely including but not limited to unicycle, cigar box manipulation, rolla bolla, contact juggling, card throwing, throw top, yo-yo, diabolo, hacky sack, passing, kendama and ball spinning.</p>	<p>Expectations: Students will be expected to embrace the many challenges involved in developing a unique skill set. In addition to developing skills with assorted props, students will be expected to learn about the greater juggling community, learning theory, prop building, routine development etc. Participation and movement are key components for being successful in this course.</p>
<p>Resources/Materials: Assorted juggling equipment</p> <p>Website: https://www.leonschools.net/Domain/2453</p>	

Course: Juggling 15013000 / 15013000
HOPE PE: #15063200

Credit for Graduation: 1.0 Credit - HOPE elective credit

Pre-requisite:

Description:

HOPE PE: The purpose of this course is to develop and enhance healthy behaviors that influence lifestyle choices and student health and fitness. Students will combine the learning of principles and background information in a classroom setting with physical application of the knowledge. A majority of class time should be spent in physical activity.

Expectations:

Resources/Materials:

Website:

<p>Course: Physical Education 15013400 / 15013500 HOPE PE #1506320G</p>	
<p>Credit for Graduation: 1.0 Credit – HOPE elective credit</p>	
<p>Pre-requisite:</p>	
<p>Description:</p> <p>The purpose of this course is to develop the physical skills necessary to be competent in many forms of movement. The integration of fitness concepts throughout the content is critical to the success of this course.</p> <p>HOPE PE: The purpose of this course is to develop and enhance healthy behaviors that influence lifestyle choices and student health and fitness. Students will combine the learning of principles and background information in a classroom setting with physical application of the knowledge. A majority of class time should be spent in physical activity.</p>	<p>Expectations:</p>
<p>Resources/Materials:</p> <p>Website:</p>	

