

Week 3

1st
Grade

Independent Study Packet

 Education.com

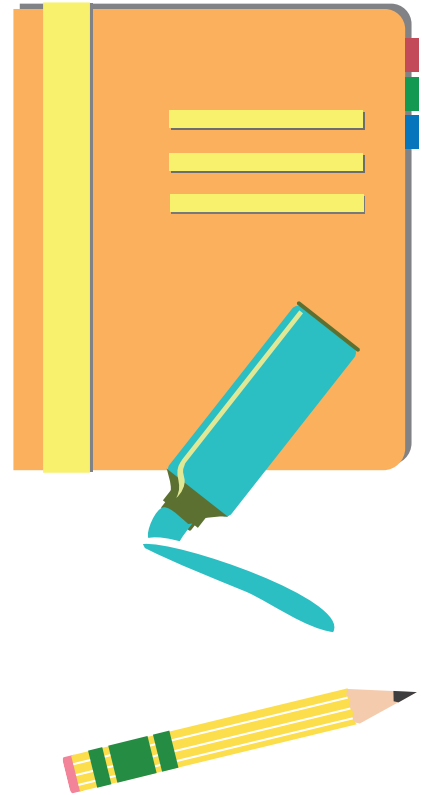


**5 MORE Days of
Independent Activities in
Reading, Writing, and Math**

Helpful Hints for Students and Families

Materials You Will Need:

- Pencils
- Extra paper or a notebook/journal (everything can go in one place)
- You will need colored pencils, markers, or crayons for some of the activities.
- You will also need scissors and tape or a glue stick.
- You will also need some books to read!

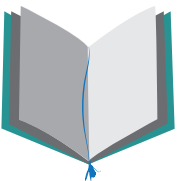





Directions & Tips



- You may complete the activities in any order.
- Check off each of the activities when you finish them on the menu.
- Make sure an adult signs the activity menu before you bring it back to school.

Activity Menu

| | Day 1 | Day 2 | Day 3 | Day 4 | Day 5 |
|---|---|--|------------------------------------|--|---|
| Reading  | Read for 15 minutes each day and choose one activity from your reading log to complete. | | | | |
| Writing | Each day, write some news about what you did in the Daily News worksheet. | | | | |
| Literacy  | Fix the Sentences: Dog Days | Complete the Sentence: Common Sight Words | Fix the Sentences: Bicycle Ride | Photo Captions | Reading Comprehension: Map That Story! |
| Math  | What Do We Know About Vegetables? Understanding Graphs | Traffic Jam Patterns Complete the Fruit Pattern | Shape Chart Basic Shapes | Complete the Patterns #1 Pattern Practice: Complete the Pattern #1 | Greater Than, Less Than, Equal to Game: Two-Digit Numbers Math Fact: Relationship Between Addition & Subtraction |
| Other Fun Stuff  | Mindfulness: Guide to Feelings Cards | Make a Paper Bag Book | Reading Tour | Make a Paper Doll: Lunch Hero | Octopus Mobile |



Parent/Guardian Signature: _____



Reading Log

1. Read a book by yourself or with a grown-up.
2. Put your name and the title of the book at the top of a new page.
3. Choose one of the ideas and write one or two sentences about your book. Remember, not all of the questions make sense for every book.
4. Don't forget to tell why or how you know, or both if you can!



| | | |
|--|--|--|
| How did the story end? | Who is your favorite character?  | Is this book like any other book you have read? Which one? |
| How does the main character feel in this book? | Which words in the book were tricky? | Where does the story take place (the setting)? |
| What is your favorite part of the story?  | What is the big problem in the story? How is it solved? | What did you learn from reading this book? |
| What friend or family member might like this book? | When does the story take place (the setting)? | At the end, did any characters change from how they felt at the beginning? |
| What is your favorite picture in the book? | What did the author want you to learn? | What surprised you in the book? |

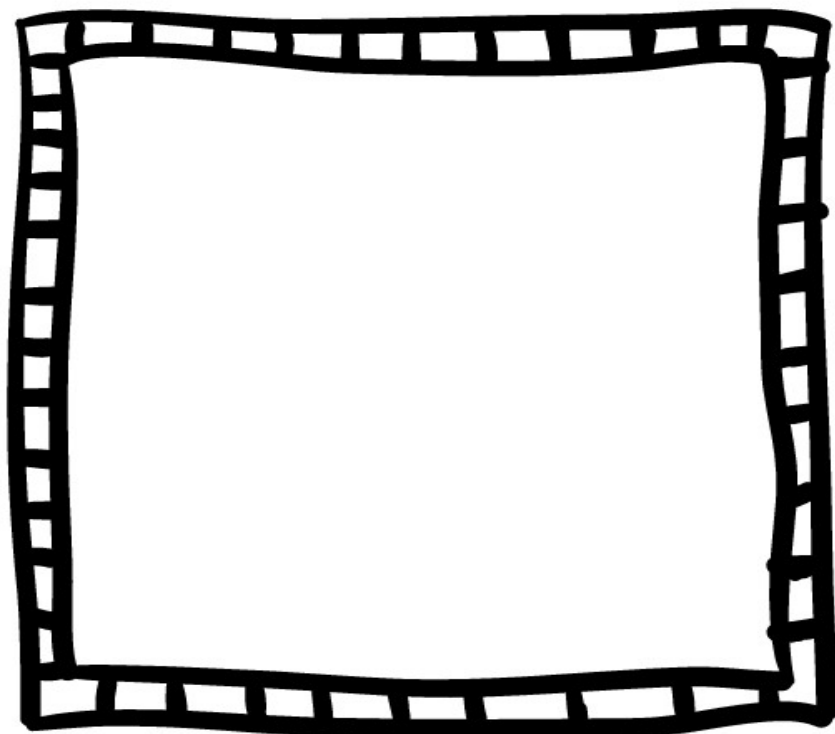
Day 1

| | |
|-----------|--|
| Reading | Read for 15 minutes and complete your reading log. |
| Writing | Write your Daily News. |
| Literacy | Fix the sentences. |
| Math | Practice reading graphs. |
| Fun Stuff | How are you feeling? |





My Daily News



Some ways to start
your Daily News:

Today I
I went
I learned
I saw

Or, pick your own
way to start!

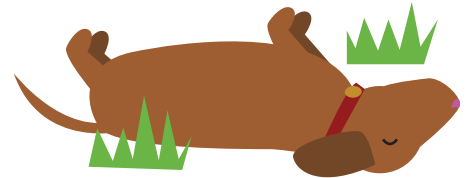
Dog Days

These sentences are written incorrectly.
Rewrite each sentence correctly.

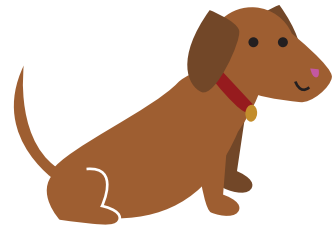
dog runs. The



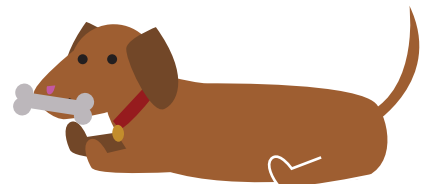
the dog rolls around



The sits dog.



the dog chews the bone

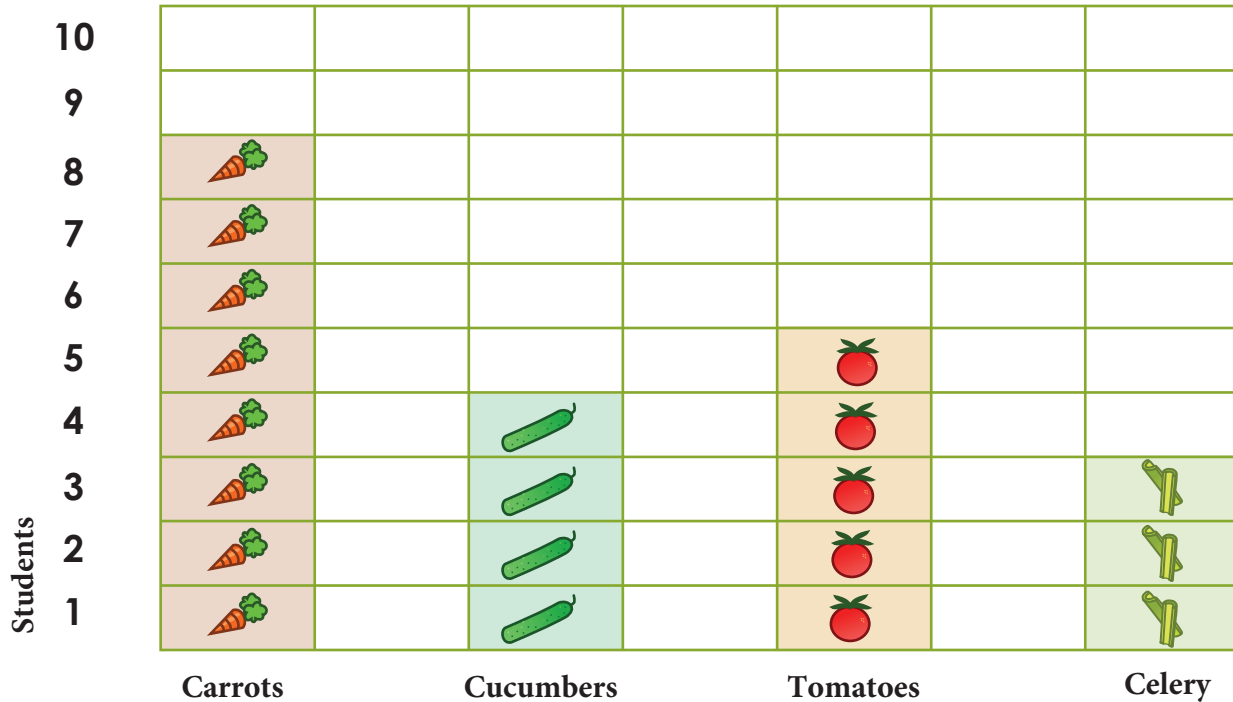


What Do We Know About Vegetables?

Name _____

Date _____

Mr. Johnson's class took a survey about their favorite vegetables. The data they collected is represented in the bar graph below.



Questions:

1. How many kids were surveyed in all?

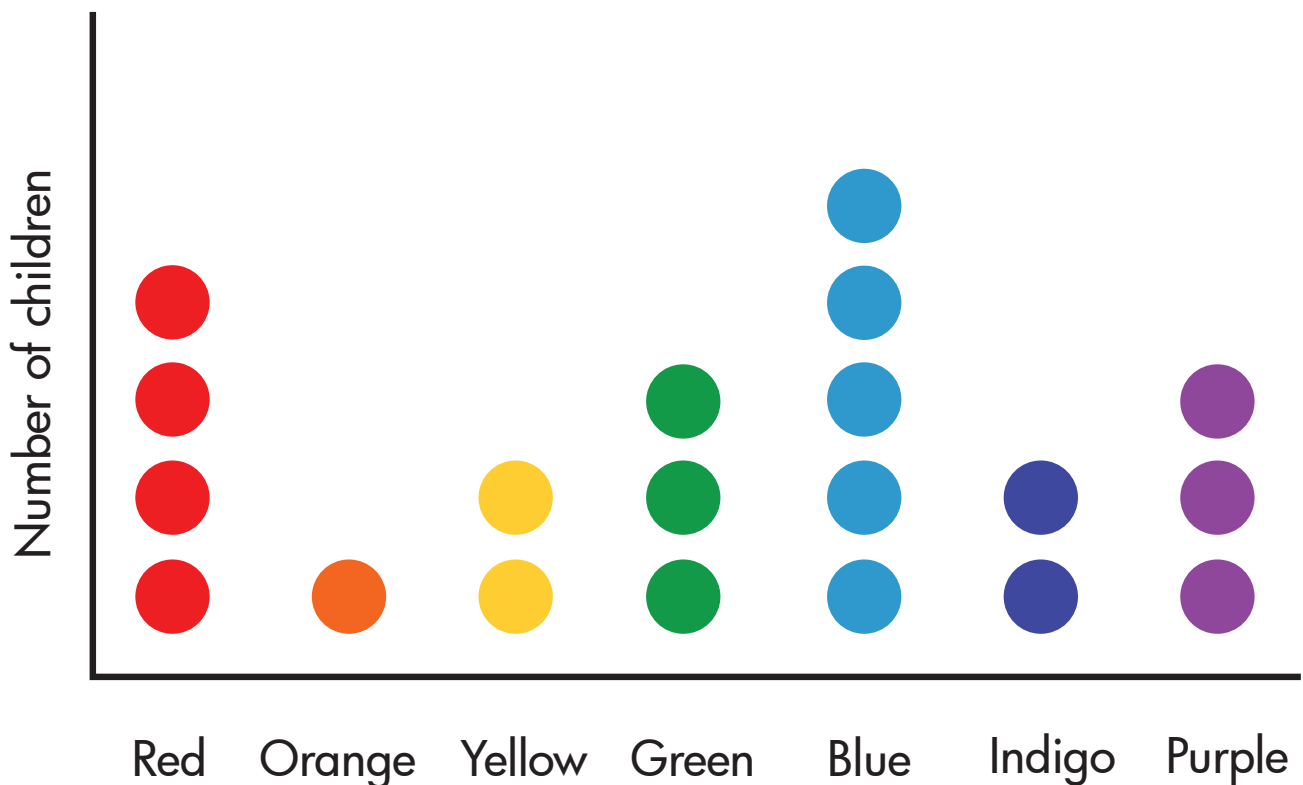
2. The kids who liked carrots best sat with the kids who liked cucumbers best. How many kids were there in all?

3. The kids who liked tomatoes best went home early. How many kids were left?

Understanding Graphs

Not every graph looks the same. A teacher asked her students to vote for their favorite colors, and she used circles instead of bars to show how many votes each color got.

Answer the questions below to show that you understand this graph.



1. How many students answered "green"?

Understanding Graphs

2. How many students answered “red”?

3. Which colors received only two votes?

4. Which color received the least amount of votes?

5. How many students voted for red, orange, and yellow altogether?

6. How many students are in the class?

7. If the teacher decides to use the top two favorite colors to decorate the classroom, which two colors would she use?



Name _____

Date _____

mindfulness series

GUIDE TO FEELINGS

How are you feeling today? Use these cards to explore emotions.
Use the blank templates to create additional feelings cards.



Angry



Annoyed



Anxious



Bored

Name _____

Date _____

mindfulness series

GUIDE TO FEELINGS

How are you feeling today? Use these cards to explore emotions.
Use the blank templates to create additional feelings cards.



Brave



Calm



Confident



Confused

Name _____

Date _____

mindfulness series

GUIDE TO FEELINGS

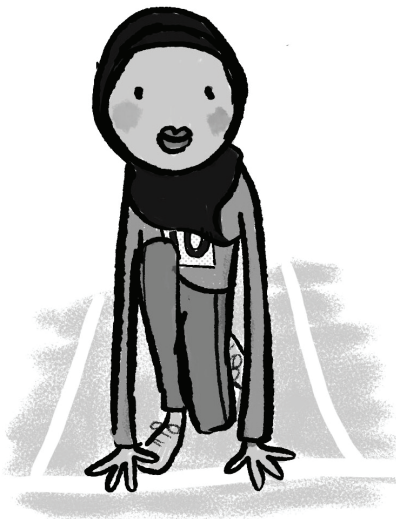
How are you feeling today? Use these cards to explore emotions.
Use the blank templates to create additional feelings cards.



Creative



Curious



Determined



Embarrassed

Name _____

Date _____

mindfulness series

GUIDE TO FEELINGS

How are you feeling today? Use these cards to explore emotions.
Use the blank templates to create additional feelings cards.



Excited



Focused



Frustrated



Gloomy

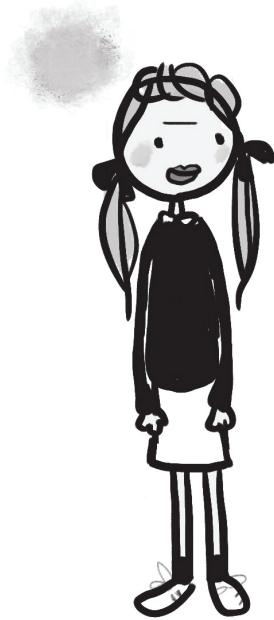
Name _____

Date _____

mindfulness series

GUIDE TO FEELINGS

How are you feeling today? Use these cards to explore emotions.
Use the blank templates to create additional feelings cards.



Grumpy



Grateful



Happy



Hopeful

Name _____

Date _____

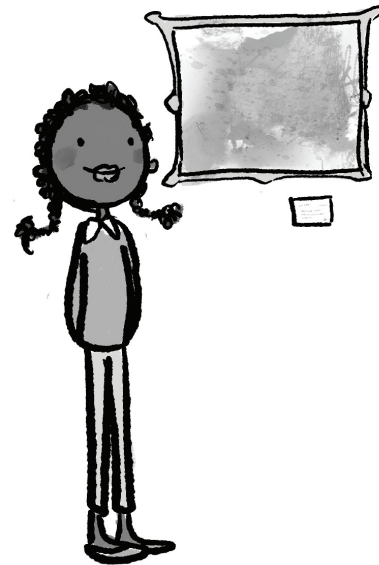
mindfulness series

GUIDE TO FEELINGS

How are you feeling today? Use these cards to explore emotions.
Use the blank templates to create additional feelings cards.



Hurt



Inspired



Lonely



Moody

Name _____

Date _____

mindfulness series

GUIDE TO FEELINGS

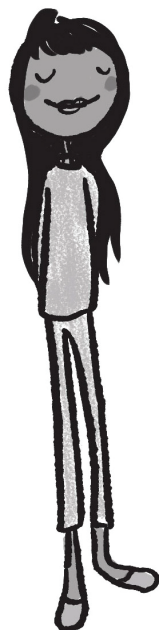
How are you feeling today? Use these cards to explore emotions.
Use the blank templates to create additional feelings cards.



Nervous



Peaceful



Proud



Relaxed

Name _____

Date _____

mindfulness series

GUIDE TO FEELINGS

How are you feeling today? Use these cards to explore emotions.
Use the blank templates to create additional feelings cards.



Sad



Shy



Silly



Stressed

Name _____

Date _____

mindfulness series

GUIDE TO FEELINGS

How are you feeling today? Use these cards to explore emotions.
Use the blank templates to create additional feelings cards.



Strong



Tender



Tired



Worried

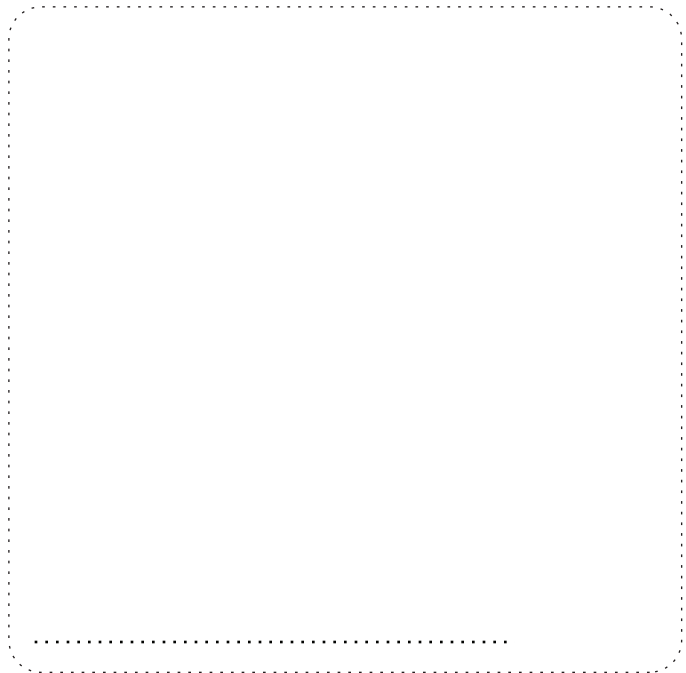
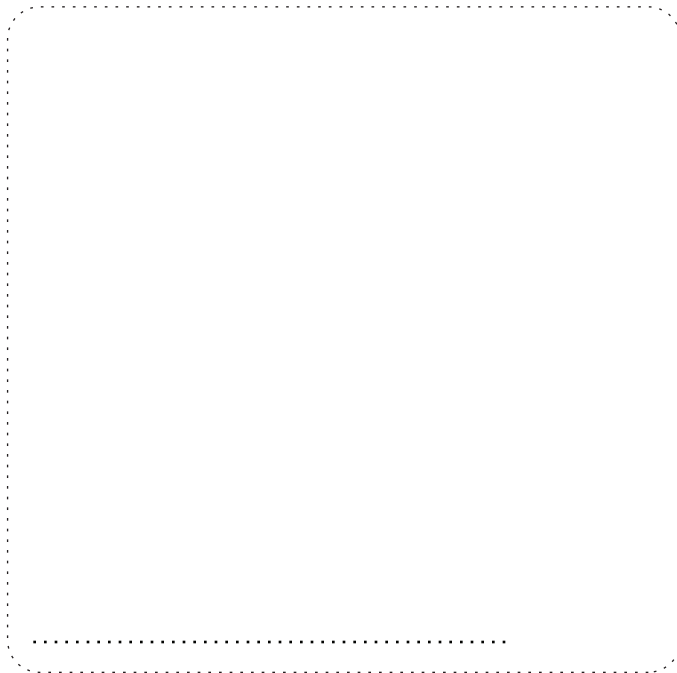
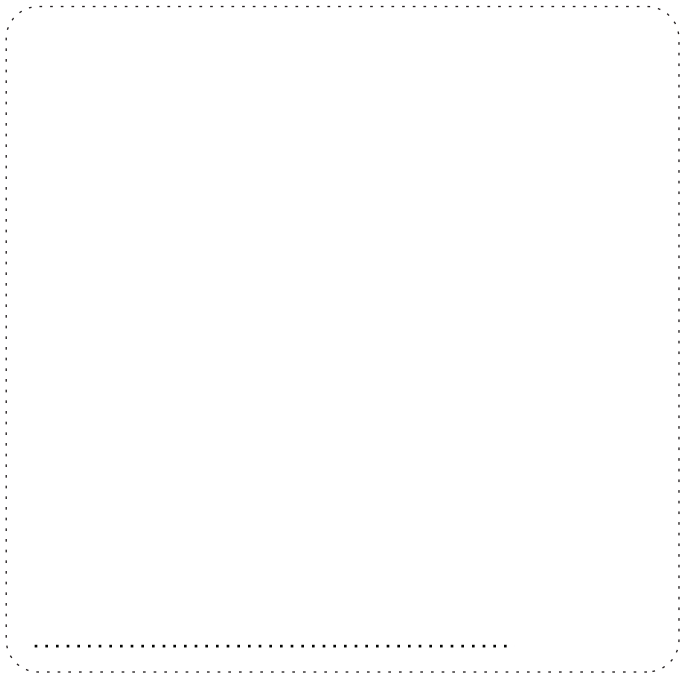
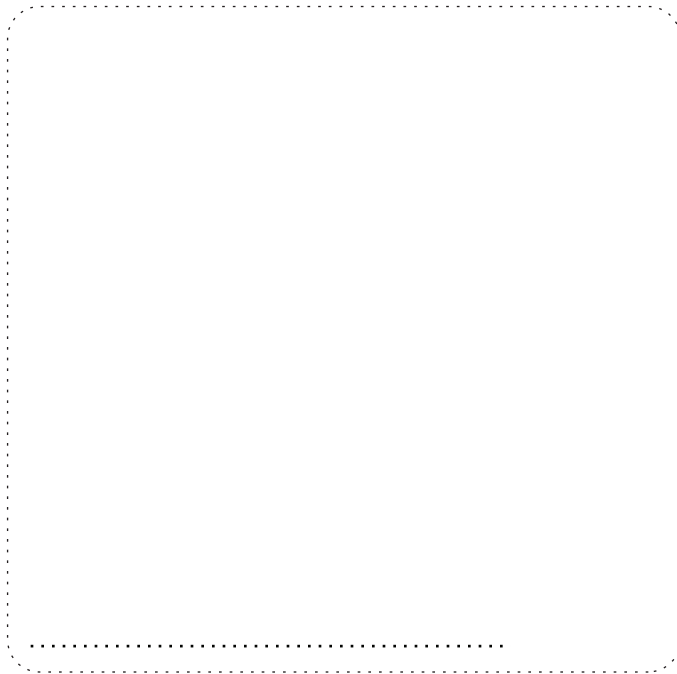
Name _____

Date _____

mindfulness series

GUIDE TO FEELINGS

How are you feeling today? Use these cards to explore emotions.
Use the blank templates to create additional feelings cards.



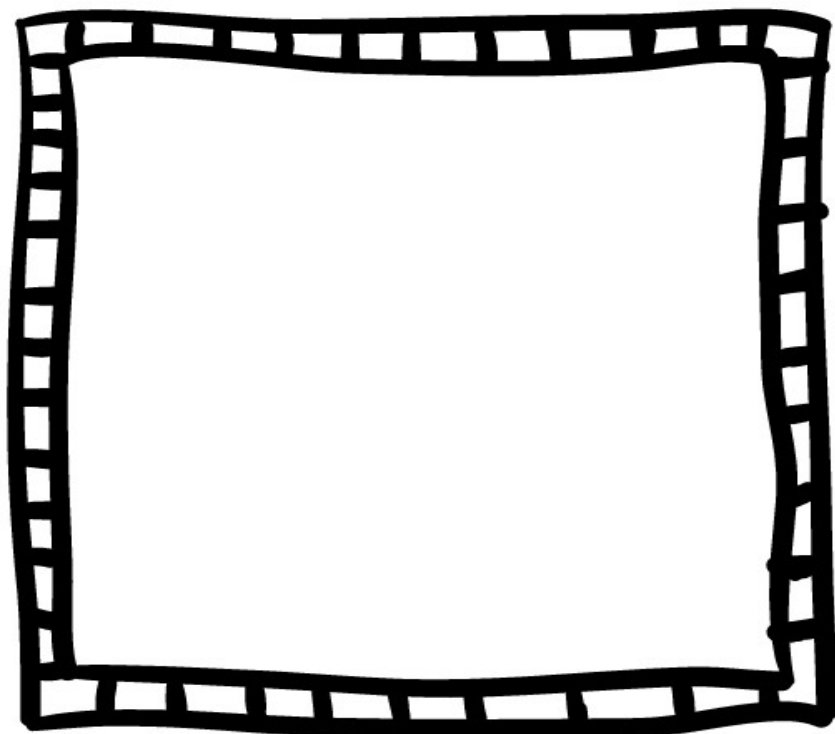
Day 2

| | |
|------------------|--|
| Reading | Read for 15 minutes and complete your reading log. |
| Writing | Write your Daily News. |
| Literacy | Complete the sentences with the right words. |
| Math | Continue these patterns. |
| Fun Stuff | Make a paper bag book. |





My Daily News



Some ways to start
your Daily News:

Today I
I went
I learned
I saw

Or, pick your own
way to start!

High Frequency Sight Words

Choose a word from the bubbles below. Use a word to complete each sentence.

after

find

round

soon

that

help

know

made

under

your

did

give

from

brown

I got a cookie _____ the store.

I _____ a yummy snack.

Is that _____ favorite book?

My shoes are _____ the bed.

The dog has _____ fur.

I like to _____ cook dinner.

Did you _____ my red hat?

Traffic Jam

Main Street is super busy! Circle the part that repeats in each pattern.



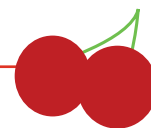
Fill In the Missing Word

Look at the description of each pattern on the left, then fill in the blank.

ABAAB
AABA

cherry, pear, cherry, cherry, _____,

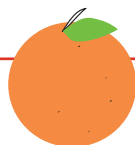
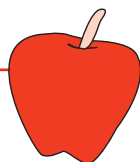
cherry, cherry, _____, cherry



ABABA
BABAB

apple, orange, apple, _____, apple,

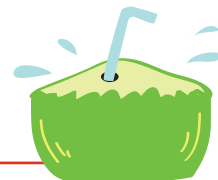
_____, apple, orange, _____, orange



AABAAB
AABAAB

coconut, coconut, watermelon, _____, coconut,

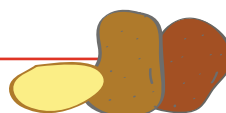
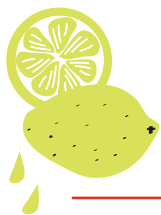
_____, coconut, coconut, _____



AABBAA
BBAABB

lemon, lemon, carrot, carrot, _____, _____,

_____, carrot, _____, lemon, carrot, carrot



ABBAAB
BAABBA

potato, tomato, tomato, potato, _____, _____,

tomato, potato, potato, _____, _____, potato



Make a Paper Bag Book

For children who love to read and write, and even for those who may struggle, authoring a book is an exciting opportunity. This project combines arts and crafts with writing, as your child writes a story about themselves and publishes it into a book—made out of a paper bag! With simple materials, you can create an enriching activity for your child that combines creativity, self-expression, fine-motor skills and brainstorming. Plus, it can make a great gift for someone special.

What You Need:

- A small paper bag (without handles - a brown paper lunch bag works great for this project)
- Several pieces of construction paper in different colors
- Scissors
- Stapler
- Pen

What You Do:

1. Start by laying the paper bag flat on the table following the natural lines of the bag's shape. The rectangular part that normally forms the bottom of the bag should be folded in and facing up—that is section A. The other part of the bag should then be folded in half horizontally—these are now sections B and C. When folded in half, section C should tuck underneath section A, so that you have something that looks more like a square shape.
2. Cut about 10 pages of construction paper in different colors into rectangles that measure about 5 inches by 4 inches. Stack them together. These are now the pages of your book.
3. Unfold the bag so that section C is closest to you. Attach the pages of your book to section C of the bag (the section closest to the opening of the bag) by putting three staples along the left side to make the spine. Now, when you fold the book up and tuck it under section A, the pages will be hidden.
4. Now that you have your book built, it's time to brainstorm what your child wants to write about! Help your child choose an activity that they enjoy, such as picking flowers or playing soccer. How would your child describe that activity? Who else normally does this activity with them? On a scrap piece of paper, write a sentence with your child for each page of the book. When your child is happy with this story, help them to transcribe it on each of the 10 pieces of construction paper. Have them illustrate each page as they go along.
5. Now make a title to go on section A of the book. If it's a story about picking flowers, have your child cut a flower shape out of the construction paper, write the title of the book on the flower, and paste it directly on section A. You could even make some cut-out illustrations to go on section C, so that when it folds up you have a complete picture. How about a stem with some leaves to go with the flower head on section A? Don't forget to find some place to write the book's author! There is lots of room to be creative with this project, so let your child's imagination run wild!

When the whole book is completed, have your child consider giving it as a gift to a friend or family member. It's sure to cheer up someone's day.



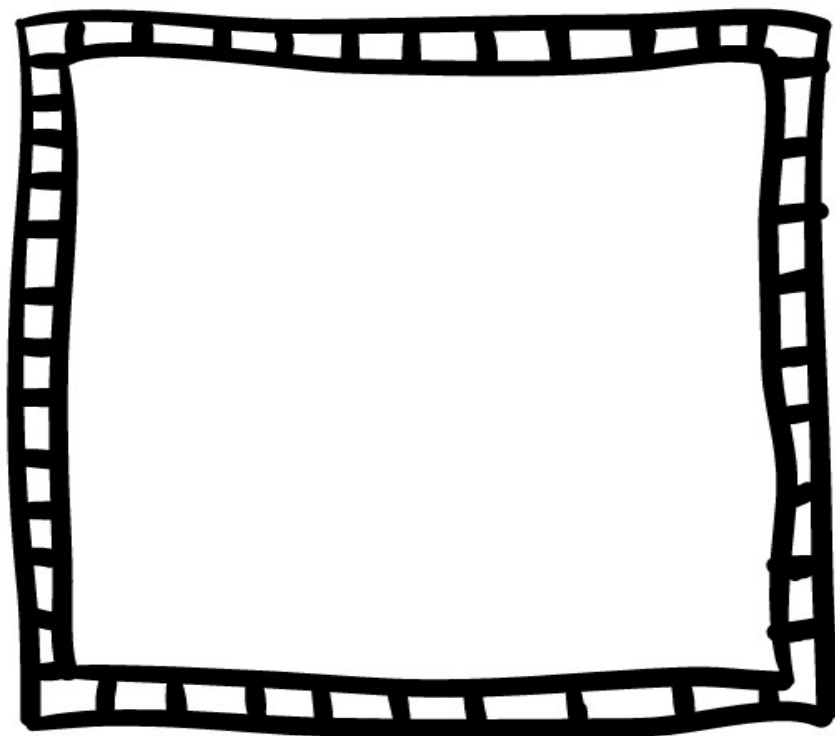
Day 3

| | |
|------------------|--|
| Reading | Read for 15 minutes and complete your reading log. |
| Writing | Write your Daily News. |
| Literacy | Fix these sentences. |
| Math | Take a shape hunt and become a shape expert! |
| Fun Stuff | Take a tour around your house! |





My Daily News

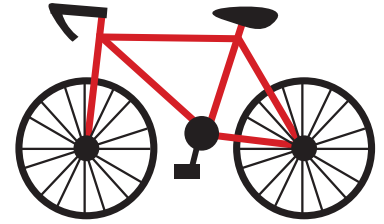


Some ways to start
your Daily News:

Today I
I went
I learned
I saw

Or, pick your own
way to start!

Bicycle Ride



Write each sentence using correct capitalization and punctuation.

is it sunny outside today

have you seen my new red bicycle

i would like to ride my bicycle

do you want to ride our bicycles together

we can ride around the park

i think it will be a lot of fun



Shape Hunt!



Now that you are a shape expert, look around your house, backyard, and neighborhood. Can you find a real-life, everyday object that represents one of the shapes on the chart below? Draw a picture of what you find in the correct box.

Cone



Circle



Triangle



Cylinder



Cube



Hexagon

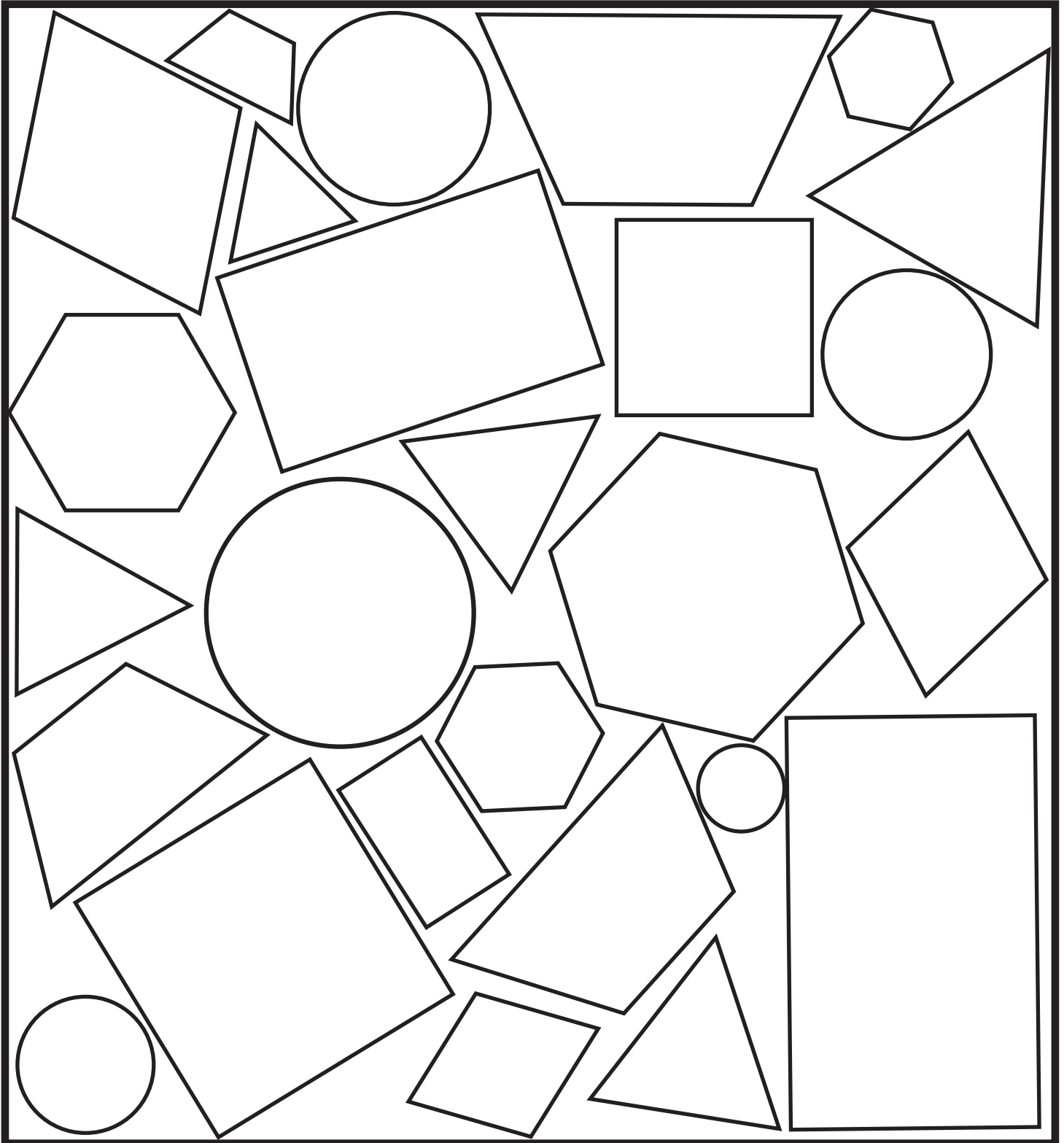


Do You Know Your Shapes?

Color all the squares **RED**. Color all the circles **BLUE**. Color all the triangles **GREEN**.

Color all the trapezoids **PURPLE**. Color all the hexagons **YELLOW**.

Color all the diamonds **PINK**. Color all the rectangles **ORANGE**.



Reading Tour

Simple word recognition is an important part of learning how to read and write. Have your child label common household objects and refer back to them later by creating their own tour! A reading tour is a simple and fun way for your child to practice reading and writing words. Help your child build a bank of vocabulary words by creating your own pointer for the reading tour. With some decorative supplies, markers, and rulers or spoons, your child can create a beautiful pointer to take the family on a house-wide reading tour to show off all the words they know.

What You Need:

- Sticky notes
- Thin black marker
- Decorating supplies like themed stickers, ribbon, decals, sequins, and paints
- Various objects for pointers like rulers, clean fly-swatters, wooden spoons, and dowels
- Glue
- Tape

What You Do:

1. Using the marker and the sticky notes, help your child label common objects around the house. For example, your child can label windows, doors, plants, the couch, towels, tables, chairs, clocks, curtains, and so on. As they stick on each label, be sure to have them read the word back to you.
2. Help your child decorate an assortment of objects to be used as pointers. For example, wrap silver and gold ribbon around a ruler and secure with glue or tape to create a magic wand. Or decorate a wooden spoon with some permanent markers and a little paint to make it look like a favorite storybook character, such as a scarecrow or spaceman, or a favorite icon such as a flower or planet.
3. You can also use scissors or a sharp cutting tool to round the edges of and cut a large, round window out of the flat "swatter" portion of a clean, unused fly swatter. Note: make the window opening about the same size as the sticky notes. Decorate the rest of the fly swatter with stickers and other small decorations to create a candy or flower wreath pointer.
4. Store the pointers in a handy, special place such as a tall gift box or an umbrella stand garnished with fancy ribbon.

Now have your child select a pointer and take someone in your household on a reading tour!



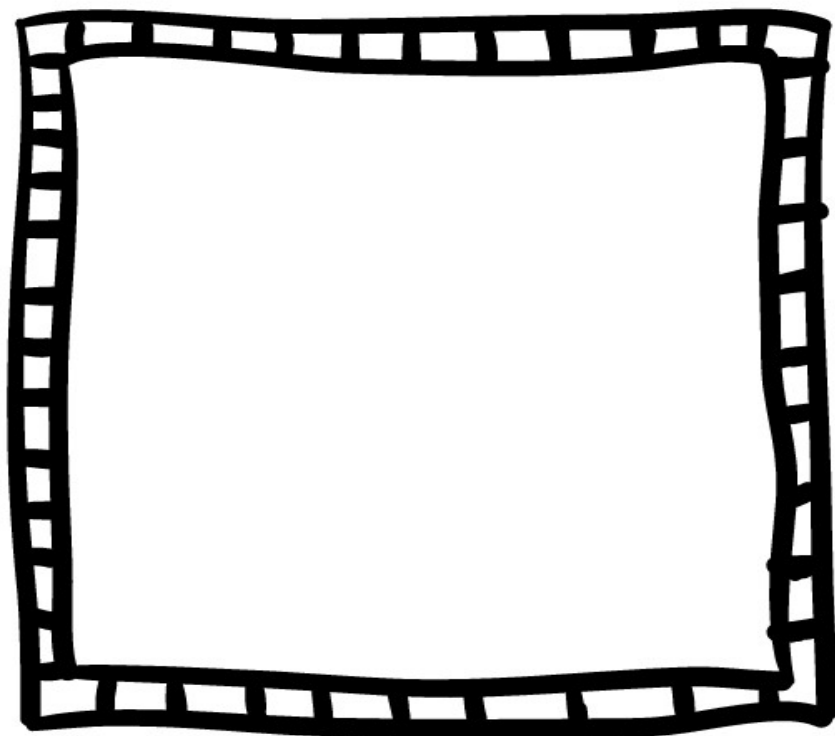
Day 4

| | |
|-----------|--|
| Reading | Read for 15 minutes and complete your reading log. |
| Writing | Write your Daily News. |
| Literacy | Write captions for what's happening in these pictures. |
| Math | Practice finishing these patterns. |
| Fun Stuff | Make a paper lunch hero! |





My Daily News



Some ways to start
your Daily News:

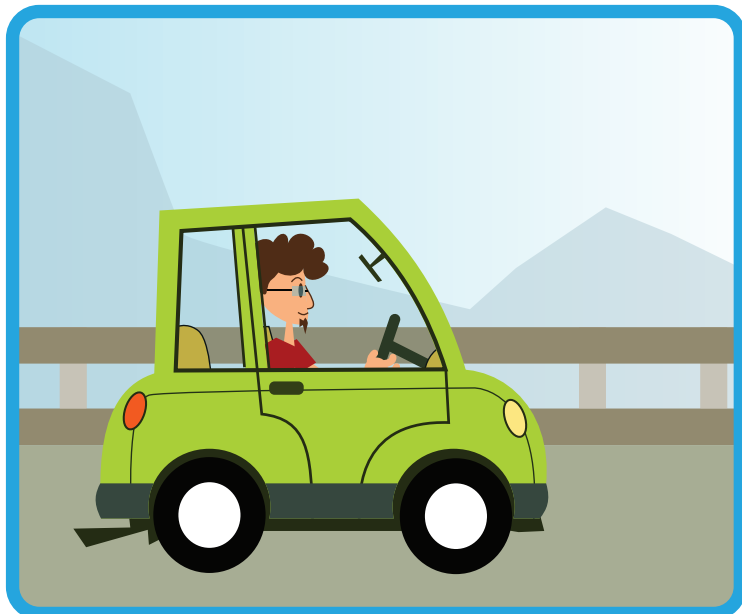
Today I
I went
I learned
I saw

Or, pick your own
way to start!

Chuck's Vacation

Look at each photograph, and write a caption for each picture.
Each caption should describe what you see in the photograph.



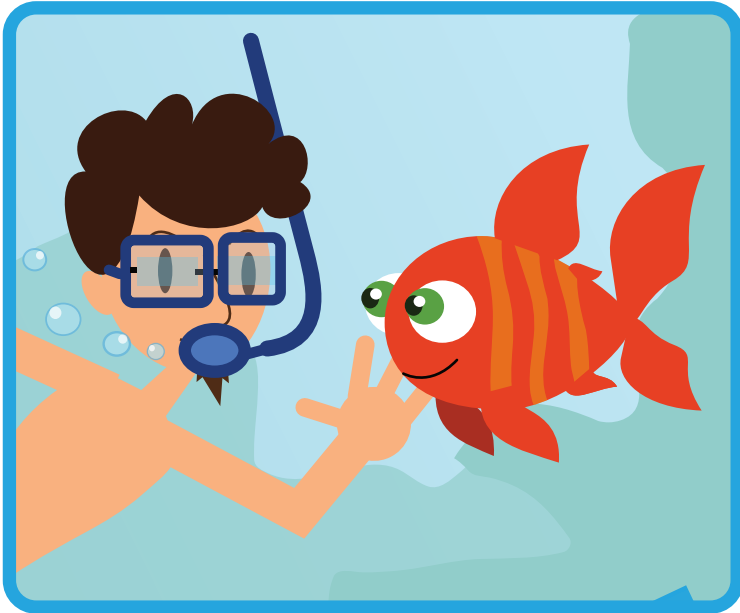






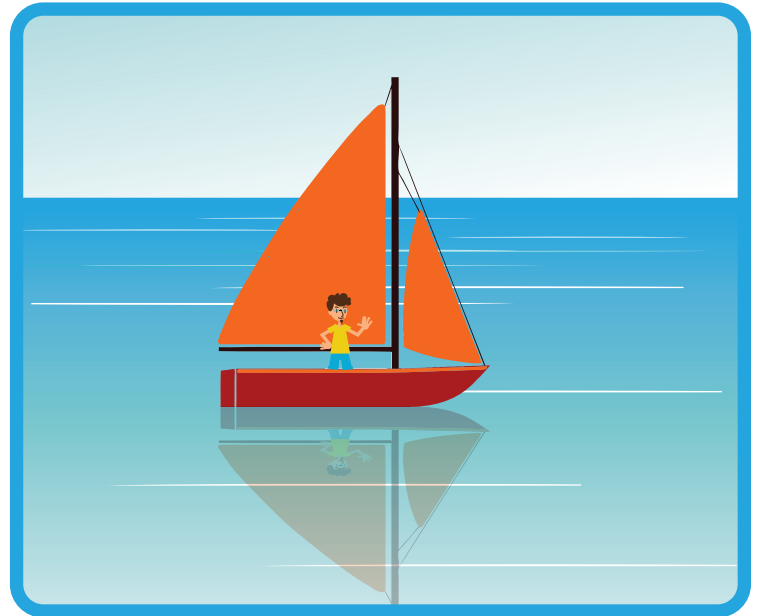
Chuck's Vacation

Look at each photograph, and write a caption for each picture.
Each caption should describe what you see in the photograph.









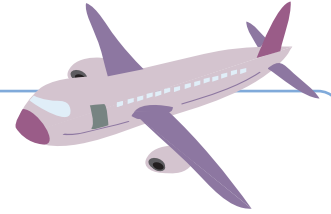
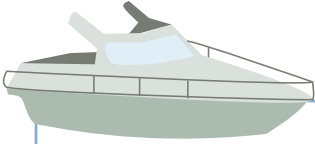
What Comes Next?

Look at the pattern carefully and draw and color the next **three** shapes in the pattern.



Write A Pattern

The words below are in a pattern. Write the missing words to complete the pattern.



plane boat plane boat _____



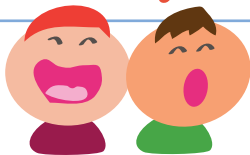
dog cat cat dog cat cat _____



sun moon star star moon sun _____



cloud sky sky rain cloud sky sky _____



sing dance run run sing dance _____

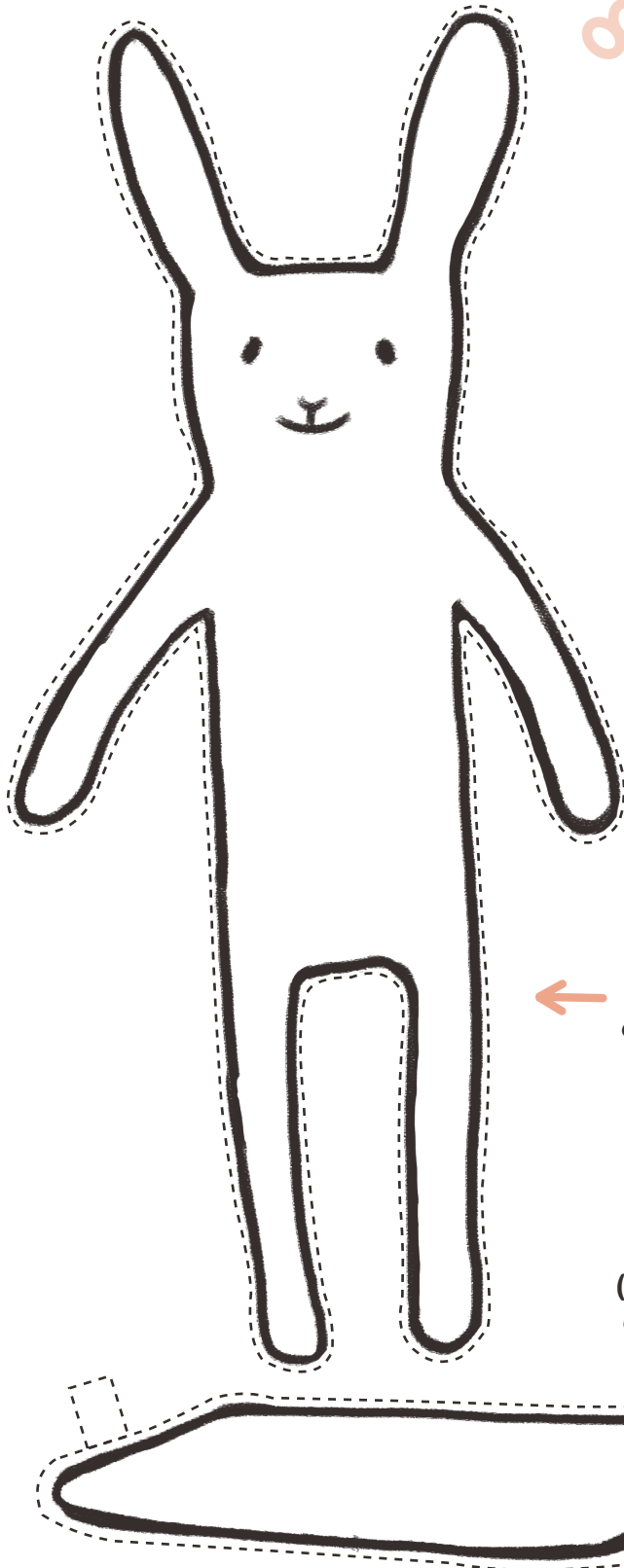
Name _____ Date _____

Lunch Hero Paper Doll

Cut along the dotted lines and follow the prompts to create your very own lunch hero paper doll. Then go to page two where your doll has the chance to interview you!



Tip: For a sturdy doll, print on cover or index weight paper. (You might need an adult to help cut these out!)



cafeteria menu
(write your
favorite lunch!)



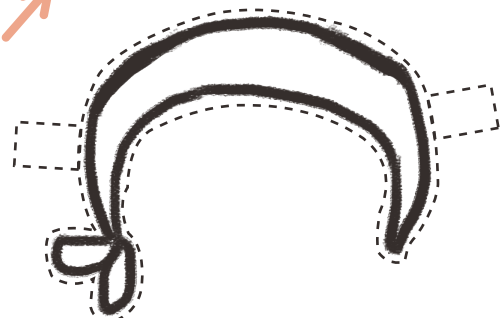
lunch hero
(color them in
and add details!)



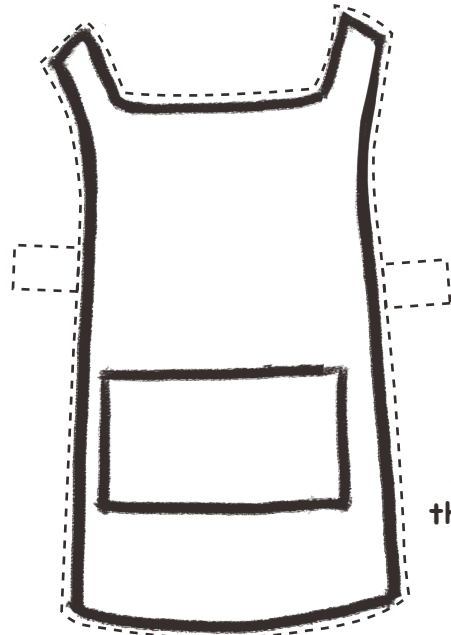
lunch tray
(draw a healthy
and tasty lunch!)



TODAY'S LUNCH SPECIAL:



head
scarf
(draw a
pattern)



apron
(what's in
the pocket?)

Name _____ Date _____

Time for an Interview!

Your newly assembled lunch hero bunny wants to interview you!
Sit down and answer their questions.

My lunch hero bunny's name is:

a. Lunch Hero Bunny: Thank you for assembling me! What grade are you in?

You: _____

b. Lunch Hero Bunny: If you could plan the school menu for one day, what would it be?

You: _____

c. Lunch Hero Bunny: What food might people be surprised to learn you like?

You: _____

d. Lunch Hero Bunny: What new food would you like to try?

You: _____

e. Lunch Hero Bunny: Do you ever pack your own lunch?

You: _____

f. Lunch Hero Bunny: What part of your lunch do you rarely eat? (Be honest!)

You: _____

g. Lunch Hero Bunny: In the space below, draw a picture of us having lunch together:



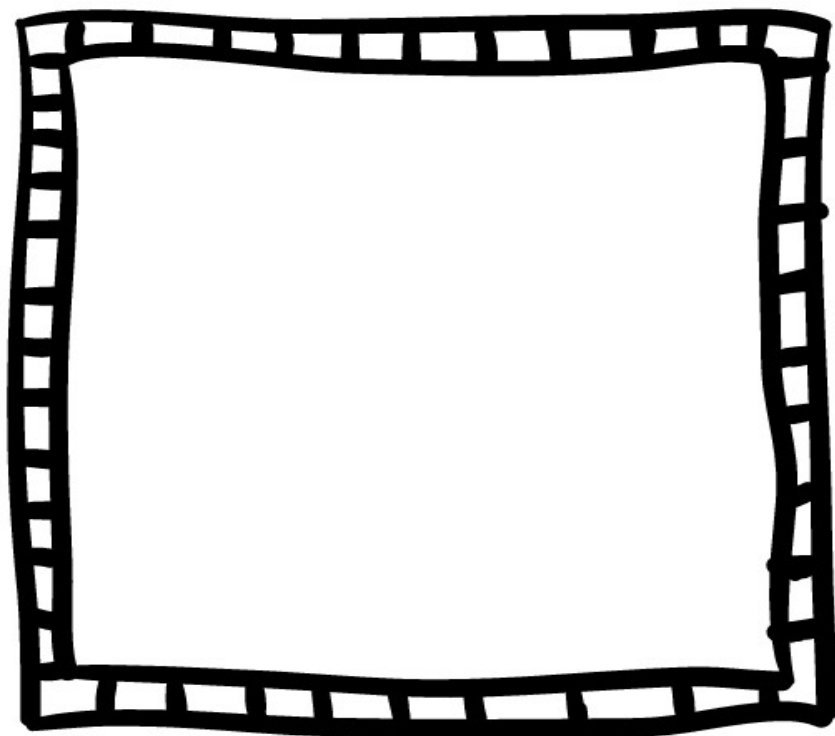
Day 5

| | |
|------------------|--|
| Reading | Read for 15 minutes and complete your reading log. |
| Writing | Write your Daily News. |
| Literacy | Choose a book you love to read and map that story. |
| Math | Play a math game and practice your fact families. |
| Fun Stuff | Make an octopus mobile. |





My Daily News



Some ways to start
your Daily News:

Today I
I went
I learned
I saw

Or, pick your own
way to start!

Name: _____

Date: _____

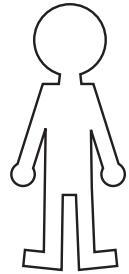
Map That Story!



Let's think about the story you just read! Fill out each part of the map below.

Name of book: _____

Who are the Characters
in the Book? Draw and
label three of them.



Character's name: _____

| What happens at the beginning? | What happens in the middle? | What happens at the end? |
|-----------------------------------|--------------------------------|-----------------------------|
| _____ | _____ | _____ |
| _____ | _____ | _____ |
| _____ | _____ | _____ |
| _____ | _____ | _____ |

Draw your favorite part of the book.

Name _____

Date _____

Greater Than, Less Than, Equal To Game: Two-Digit Numbers

Directions: For each round, each player chooses 2 number cards and tries to make the biggest number possible. Remember what you know about place value! Hint: The bigger number should go in the tens place.

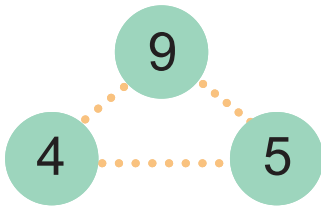
- Each player will record their number and compare it to their partner's number. Then, decide which symbol ($<$, $>$, $=$) to write in the middle.
- The winner is the player with the bigger number.
- Move on to the next round.



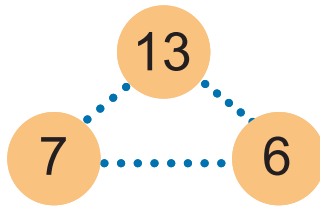
| Round | Player 1 | Symbol < > = | Player 2 | Winner |
|---------|----------|-----------------|----------|---------|
| Example | 53 | < | 74 | Cuz-Cuz |
| 1 | | | | |
| 2 | | | | |
| 3 | | | | |
| 4 | | | | |
| 5 | | | | |
| 6 | | | | |
| 7 | | | | |
| 8 | | | | |
| 9 | | | | |
| 10 | | | | |

FACT FAMILIES

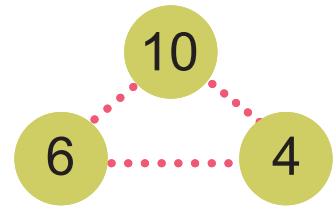
Each rectangle contains the numbers in a **fact family**. Add or subtract using the three numbers.



| | | | | |
|--|----------|--|----------|--|
| <hr style="border: none; border-top: 1px solid black; height: 1px; width: 100%;"/> | + | <hr style="border: none; border-top: 1px solid black; height: 1px; width: 100%;"/> | = | <hr style="border: none; border-top: 1px solid black; height: 1px; width: 100%;"/> |
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| | | | | |
|-------|---|-------|---|-------|
| _____ | + | _____ | = | _____ |
| _____ | + | _____ | = | _____ |
| _____ | - | _____ | = | _____ |
| _____ | - | _____ | = | _____ |

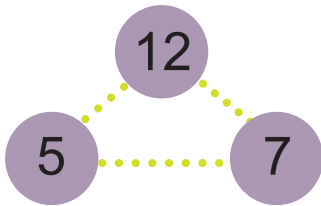


_____ + _____ = _____

_____ + _____ = _____

_____ - _____ = _____

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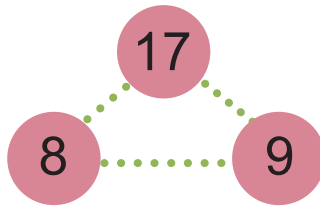


_____ + _____ = _____

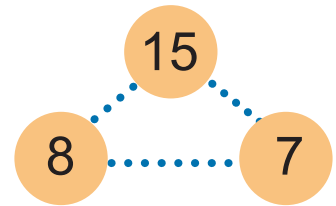
_____ + _____ = _____

_____ - _____ = _____

_____ - _____ = _____



$$\begin{array}{rcl} \underline{\hspace{1cm}} & + & \underline{\hspace{1cm}} = \underline{\hspace{1cm}} \\ \underline{\hspace{1cm}} & + & \underline{\hspace{1cm}} = \underline{\hspace{1cm}} \\ \underline{\hspace{1cm}} & - & \underline{\hspace{1cm}} = \underline{\hspace{1cm}} \\ \underline{\hspace{1cm}} & - & \underline{\hspace{1cm}} = \underline{\hspace{1cm}} \end{array}$$

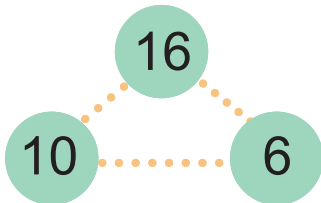


_____ + _____ = _____

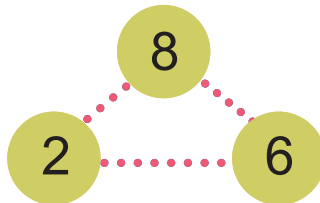
_____ + _____ = _____

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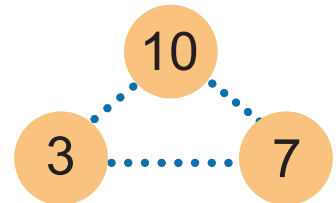
_____ - _____ = _____



| | | | | |
|--|---|--|---|--|
| | + | | = | |
| | + | | = | |
| | - | | = | |
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| | | | | |
|-------|---|-------|---|-------|
| _____ | + | _____ | = | _____ |
| _____ | + | _____ | = | _____ |
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_____ + _____ = _____

_____ + _____ = _____

_____ - _____ = _____

_____ - _____ = _____

Octopus Mobile

Create a giant octopus from cardboard that holds onto a sea of creatures from its tentacles! Kids cut and paint each sea creature. This project is a great follow-up to a visit to an aquarium.

What You Need:

- 3 Sheets of cardboard or cereal boxes (11" x 17")
- Scissors
- Pencil
- Tempera paint
- Paintbrushes
- Thread
- Clear tape
- Markers

What You Do:

1. On one sheet of cardboard, draw an octopus as large as you can with four legs. Cut it out of the cardboard with scissors
2. On another piece of cardboard, trace around the cut out octopus with a pencil, and cut out the next octopus shape.
3. Lay the octopus shapes with one head on top of the other. (The legs should be facing opposite ways so it looks like a spider.) Hold the bodies together in this position and use scissors to cut a straight line, or slit, from the middle of one set of legs, just over halfway through the head. Do not cut all the way through the head.
4. Paint both octopus body's front and back. Allow them to dry.
5. Dip a paintbrush in paint and flick the bristles with your fingers to make the paint spray onto the octopus bodies.
6. Draw lots of different types of fish onto the third piece of cardboard. Cut out all of the fish shapes you draw.
7. Cut out eight different lengths of thread. Tape the fish onto the thread. You can paint more than one fish on each thread.
8. Paint both sides of the fish with bright colors and let them dry. Think about patterns you've seen on fish. Do they have stripes? Dots? And, don't forget scales! Make sure to paint over the tape. Then, use markers to add in facial features to the fish.
9. Tape one thread on each leg of the octopus tentacles.
10. Paint blue rings at the bottom edge of the octopus tentacles to create suckers.
11. After the paint is dry, slide one octopus shape into the other octopus shape. Draw a face on the octopus with markers.
12. Add a string to the octopus body and your underwater mural is ready to be hung!

