

Grizzly Bear

The grizzly bear is a type of brown bear found in North America. Grizzly bears once lived over much of the continent, from the Arctic to Mexico. Today the grizzly lives only in Canada, and the U.S. states of Alaska, Idaho, Washington, Wyoming and Montana.

The word “grizzly” comes from the description of the gray hair in the bear’s fur. Except for mother grizzly bears with cubs, the grizzly lives its life alone.

Grizzly bears eat a wide variety of food. They eat meat and will kill animals such as deer or elk. They like fish, particularly salmon. They also eat nuts, berries and insects.

There are about 55,000 grizzly bears in North American today. Because the grizzly bear population has dropped to a low level, the governments of the United States and Canada have started programs to increase the number of the bears.



Grizzly Bear Facts

- An adult grizzly weighs between 290 to 790 pounds. A grizzly cub weighs less than 1 pound when it’s born.
- The average adult grizzly bear is over 8 feet tall.
- Unlike black bears, grizzly bears have a hump on their back.



Tell a Story

Imagine you are one of these grizzly bear cubs. Your mother has told you and your brother to stay in one place while she hunts. She is late coming back and both of you are hungry. Write a story about what you and your brother do next.


