

Parents:

If you do nothing else today, if you don't read any other email today, please take one minute to watch a message that could potentially save your child's life: <https://www.youtube.com/embed/otQEZgLIDJ4>

This may well be the most important issue of our children's generation.

The Leon County School District has partnered with Neighborhood Medical Center and the Foundation for Leon County Schools to produce two public service announcements with the hope of starting conversations between you and your children about their emotional wellbeing. Protecting our students from harm will always be our school district's top priority, but we cannot do this alone. Please visit www.KnowingSignals.org to find resources and information about the signals our students send us every day.

Today is the first day of National Suicide Prevention week and we are committed to providing resources for our community to raise awareness and to learn more about the life-saving signs that your child may be giving you. If you or someone you know has an immediate emergency you can reach the National Suicide Prevention Lifeline at 1-800-273-8255 or call 211 locally.

Fondly,
Rocky Hanna
Superintendent of Schools
Leon County