

SCHOOL AND LOCAL MENTAL HEALTH RESOURCES

DISC VILLAGE, INC.

DISC Village Health and Wellness Specialists offer students a safe and supportive environment to discuss personal struggles related to Behavioral Health through the New Horizons program. The program works to increase effective communication, anger management, and decision-making skills while offering support in a time of crisis.

Health and Wellness Specialists will be available to meet with students via a virtual services platform.

- Virtual Services can be accessed through:
<https://discvillage.securevideo.com/book>
 - Link is also available on DISC Village Website – “schedule virtual session” button top right corner
- If you are unable to connect virtually, please contact:
 - **Health and Wellness Services:** 850.574.6240
 - **Health and Wellness Program Supervisor:** 850.510.1793
 - **Director of Youth Services:** 850.510.1042

2-1-1

Call 2-1-1 for **human service information and assistance**; available **24 hours a day** to listen and provide **emotional support, crisis counseling, suicide prevention, and information & referrals**. You do not have to be in crisis to call, there is no eligibility criteria, and our services are free.

Mobile Response Team (MRT)

1-800 -342-0774

The MRT is a 24/7 on-call crisis intervention service provided through Apalachee Center, Inc. MRT provides emergency behavioral health assessment, and diversion alternative to inpatient treatment when appropriate.

An additional list of resources can be located on the

Leon County School District website:

<https://www.leonschools.net/Domain/7259>