

May 2025

Cross Creek Family Resource Center

2002 Old St. Augustine Rd. Building A Suite 50, Tallahassee FL, 32301
850-629-6999



Mondays

Early Steps

Every Monday
Time: 10:00 AM-1:00 PM

Healing Hearts

Every Monday
Time: 11:00 AM-11:30 AM

Whole Child Leon

Every Monday
Time: 2:30 PM-5:00 PM

Tuesdays

Better Steps Life Skills Service Day

Date: 5/6
Time: 6:00 PM

Practical Parenting Education

Date: 5/13
Time: 6:00 PM

Cross Creek Parent & Community Advisory Council Meeting

Date: 5/20
Time: 6:00 PM

Wednesdays

Coffee and Conversation

Every Wednesday
Time: 9:30 AM-10:30 AM

Whole Child Leon

Every Wednesday
Time: 2:30 PM-5:00 PM

Sight Word Assistance

First & Third Wednesday
Dates: 5/7 & 5/21
Time: 4:00 PM

Creative Art Expressions

Second & Fourth
Wednesdays
Dates: 5/14 & 5/28
Time: 4:00 PM

Free Tutoring w/ JUMP

Every Wednesday
Time: 6:00 PM

Feel. Think. Grow. with Faith Affects

Dates: 5/28
Time: 6:00 PM

Thursdays

Morning Meditation

Every Thursday
Time: 10:00 AM



Fridays

Whole Child Leon *By Appointment Only*

Please call
850-629-6999 to
schedule a time for your
Friday appointment

Saturdays

Service Saturday

Date: 5/10
Time: 9:00 AM-4:00 PM



Muffins for Mom

Date: 5/10
Time: 10:00 AM

Feel. Think. Grow. with Faith Affects

Date: 5/10
Time: 11:00 AM



Mondays

- **Healing Hearts:** A unique music therapy experience for children, ages 0-5, to enhance well-being and foster growth through music.
- **Early Steps:** A free, early intervention program for infants and toddlers, ages 0-3, who have or are at-risk for developmental delays or disabilities.
- **Whole Child Leon:** A free, social-emotional and behavioral screening program for youth of all ages, 0-21, helping families access behavioral health services and supports.



Tuesdays

- **Better Steps Life Skills Service Day (5/6):** Enhancing your life skills with Better Steps. A life skill building extravaganza you do not want to miss!
- **Practical Parenting Education (5/13):** A free parenting education workshop with J.U.M.P Community Project, teaching parenting principles the practical way.

Wednesdays

- **Coffee & Conversations:** A space for community members and leaders to discuss needs and resources.
- **Whole Child Leon:** (see Monday)
- **Sight Word Practice:** Join us on the 1st and 3rd Wednesdays for free sight word practice afterschool.
- **Creative Expressions:** Join us on the 2nd and 4th Wednesdays for open art sessions afterschool.
- **Free Tutoring:** Weekly tutoring sessions for all grade levels with J.U.M.P. Community Project.
- **Feel Think and Grow w/ Faith Affects (5/28):** A thriving, safe space for youth to connect with mentors, supporting youth mental health and overall wellness needs.

Thursdays

- **Morning Meditation Zone:** Start your day at the Cross Creek FRC with a refreshing morning meditation.



The Cross Creek Family Resource Center is your neighborhood hub open throughout the week for free play space, art creation, computer lab access, family goal attainment and much more.

Fridays

- **Whole Child Leon:** A free, social-emotional and behavioral screening program for youth of all ages, 0-21, helping families access behavioral health services and supports (*by appointment only*).



Service Saturday (May 10)

- **Muffins with Mom:** Join your Cross Creek FRC for a morning of painting and yummy muffins. Honoring mothers and mother figures.
- **Faith Affects Youth Mentoring:** A thriving, safe space for youth to connect with mentors on the service Saturday morning and fourth Wednesday evening of the month, supporting youth mental and overall wellness needs.